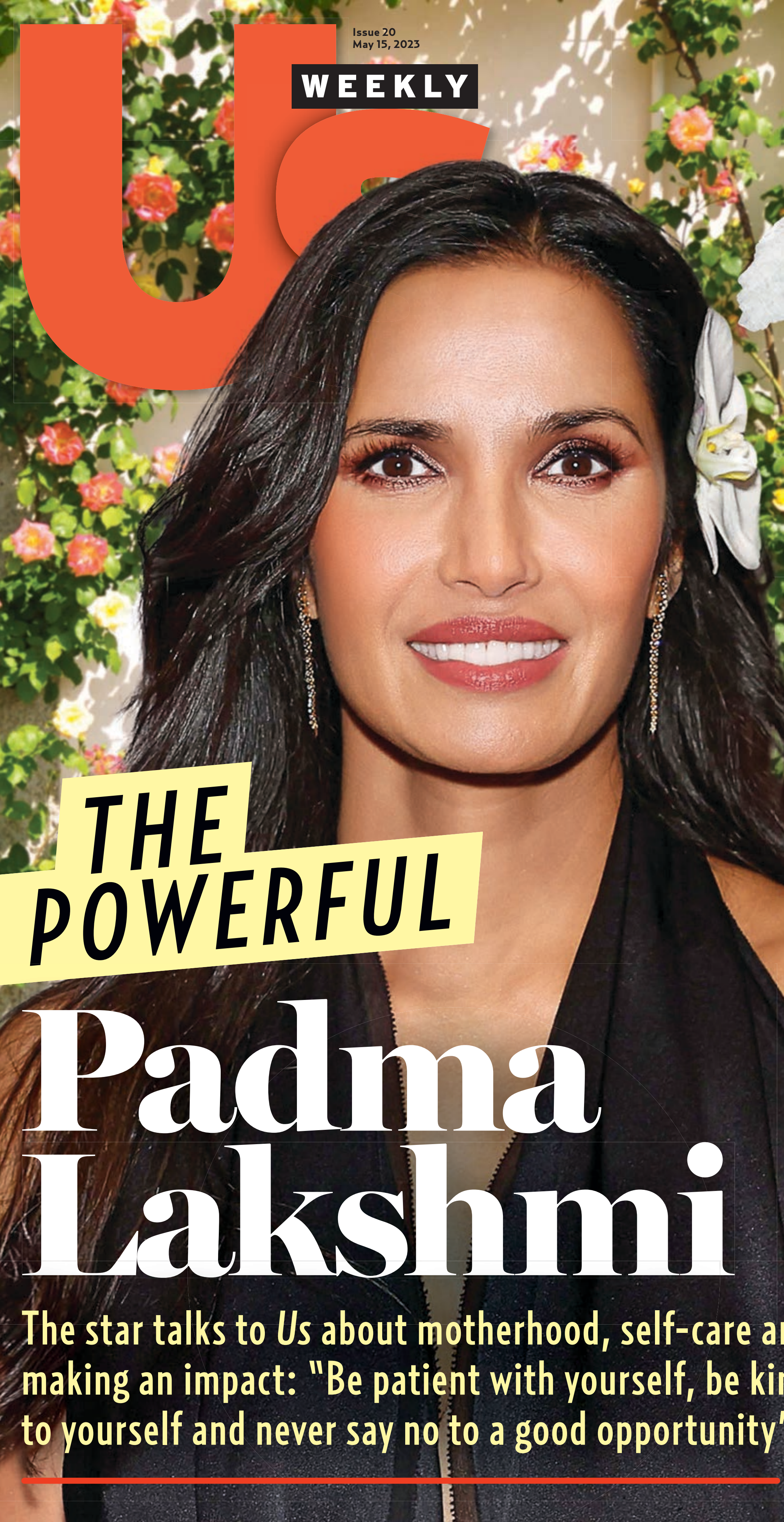
Us WEEKLY
Issue 20
May 15, 2023

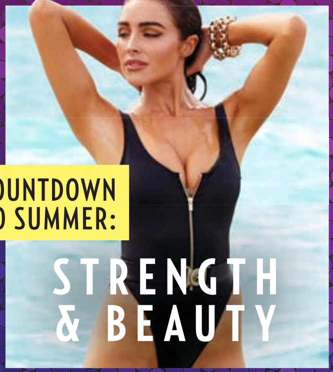


THE POWERFUL Padma Lakshmi

The star talks to *Us* about motherhood, self-care and making an impact: "Be patient with yourself, be kind to yourself and never say no to a good opportunity"

MET GALA

The Gowns, the Glamour, the Gossip!



COUNTDOWN TO SUMMER:

STRENGTH & BEAUTY

Kaley Cuoco

FIRST MONTH AS A MOM!

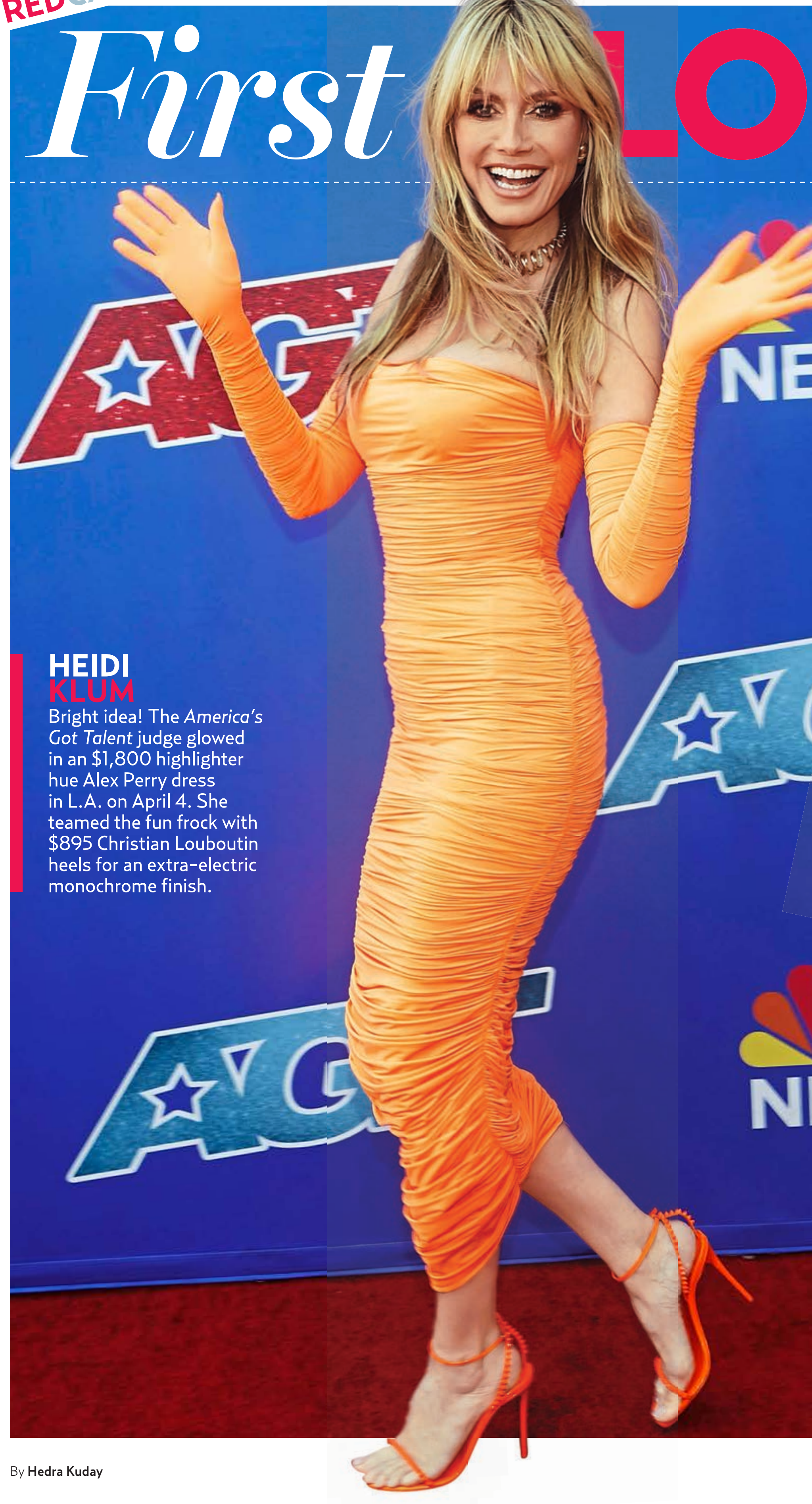
$6.99US $7.99CAN
A360 MEDIA

VISIT…

LANZAROTE
Caliente.COM

SKAI JACKSON
cacharel
Yes I Am
Bloom Up!
THE NEW FRAGRANCE
SCAN TO SHOP

First LOOK



HEIDI KLUM

Bright idea! The *America's Got Talent* judge glowed in an $1,800 highlighter hue Alex Perry dress in L.A. on April 4. She teamed the fun frock with $895 Christian Louboutin heels for an extra-electric monochrome finish.

FAYE'S VISION/INSTAR

SHOP *Her* STYLE

Mejuri Dôme huggies, $48, *mejuri.com*

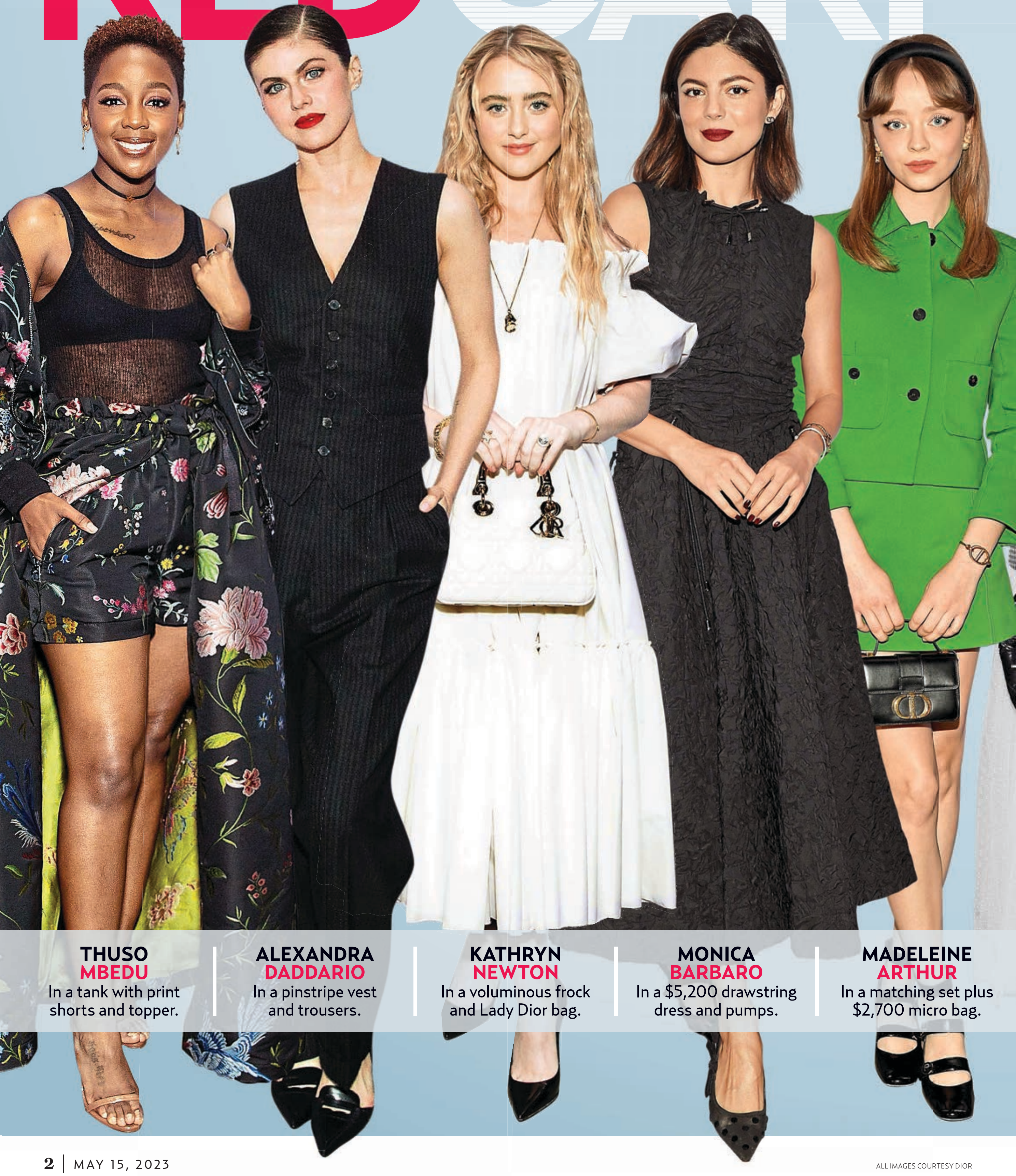
By Anthropologie chunky structured necklace with pearls, $58, *anthropologie.com*

L'Agence Kamali ruched off-shoulder midi dress, $460, *neimanmarcus .com*

Steve Madden Briella strappy sandals, $99, *macys.com*

By **Hedra Kuday**

RED CARP



THUSO
MBEDU
In a tank with print shorts and topper.

ALEXANDRA
DADDARIO
In a pinstripe vest and trousers.

KATHRYN
NEWTON
In a voluminous frock and Lady Dior bag.

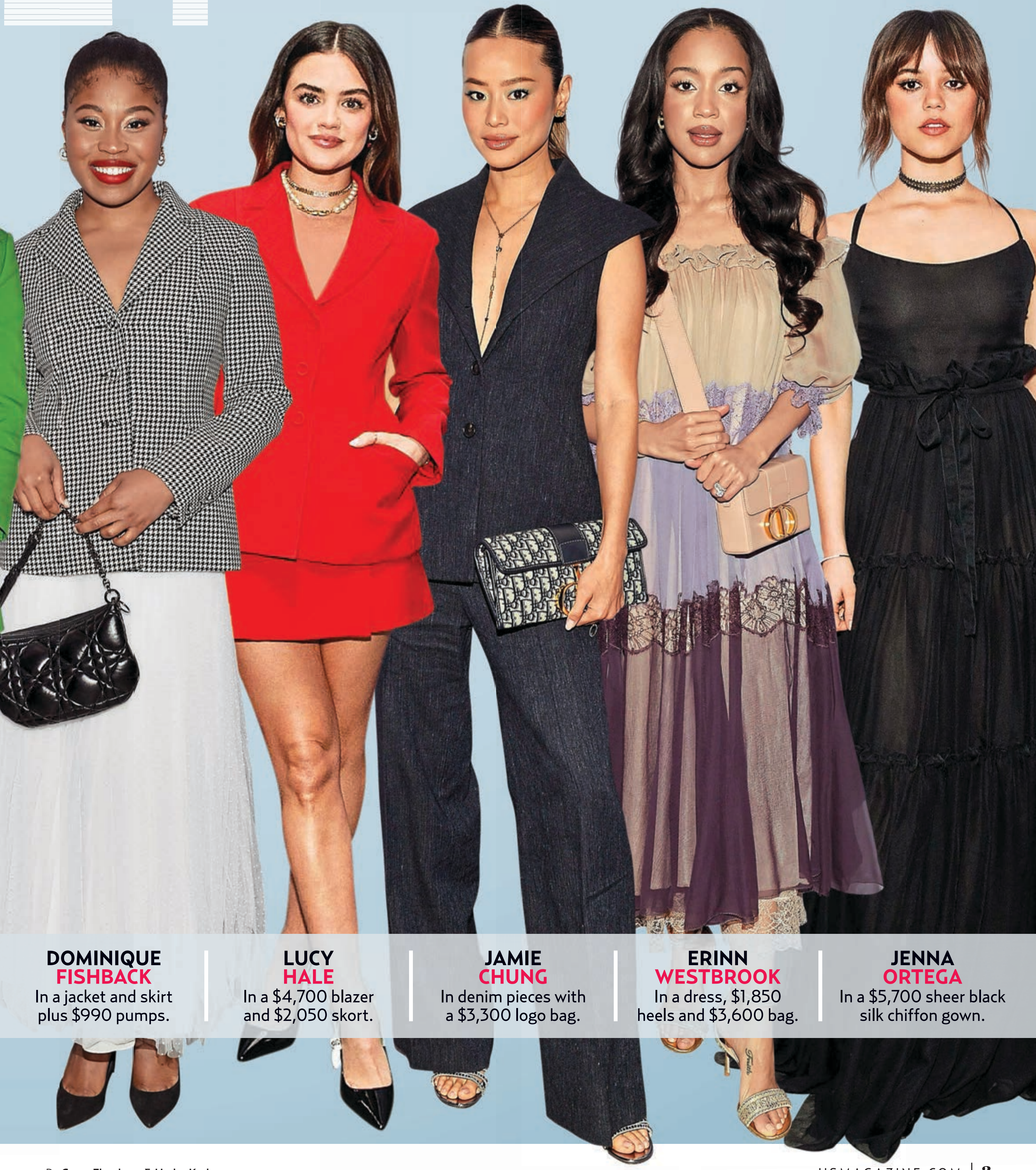
MONICA
BARBARO
In a $5,200 drawstring dress and pumps.

MADELEINE
ARTHUR
In a matching set plus $2,700 micro bag.

ALL IMAGES COURTESY DIOR

Darling in Dior

The stars collided with fashion and art at the brand's epic Grey Zone pop-up in L.A. on April 11



DOMINIQUE FISHBACK
In a jacket and skirt plus $990 pumps.

LUCY HALE
In a $4,700 blazer and $2,050 skort.

JAMIE CHUNG
In denim pieces with a $3,300 logo bag.

ERINN WESTBROOK
In a dress, $1,850 heels and $3,600 bag.

JENNA ORTEGA
In a $5,700 sheer black silk chiffon gown.

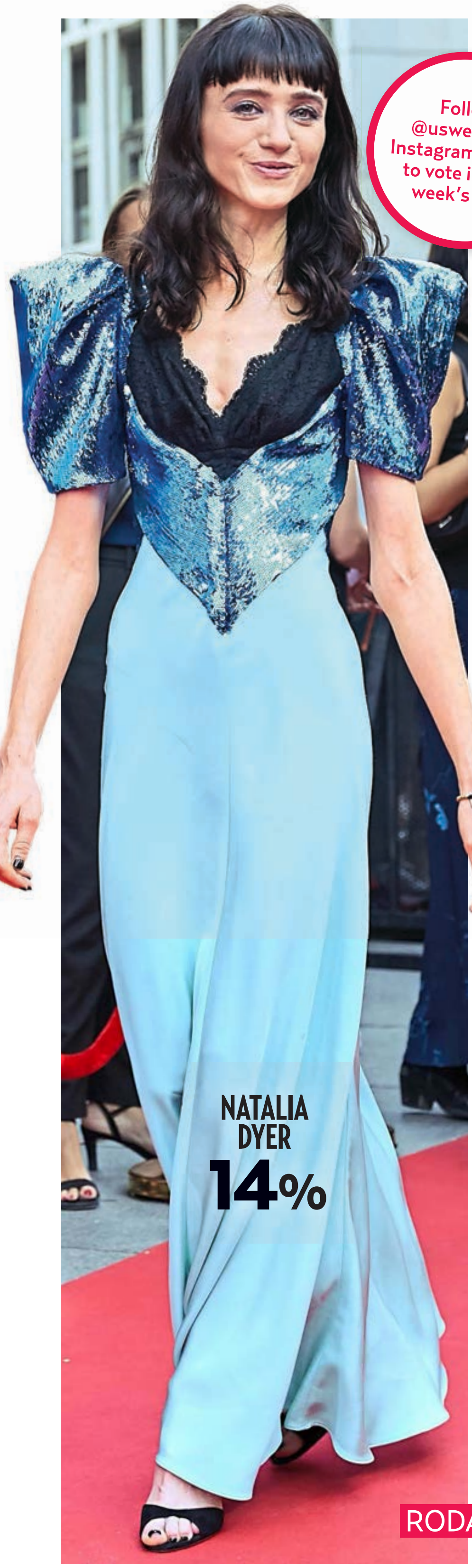
By **Gwen Flamberg** & **Hedra Kuday**

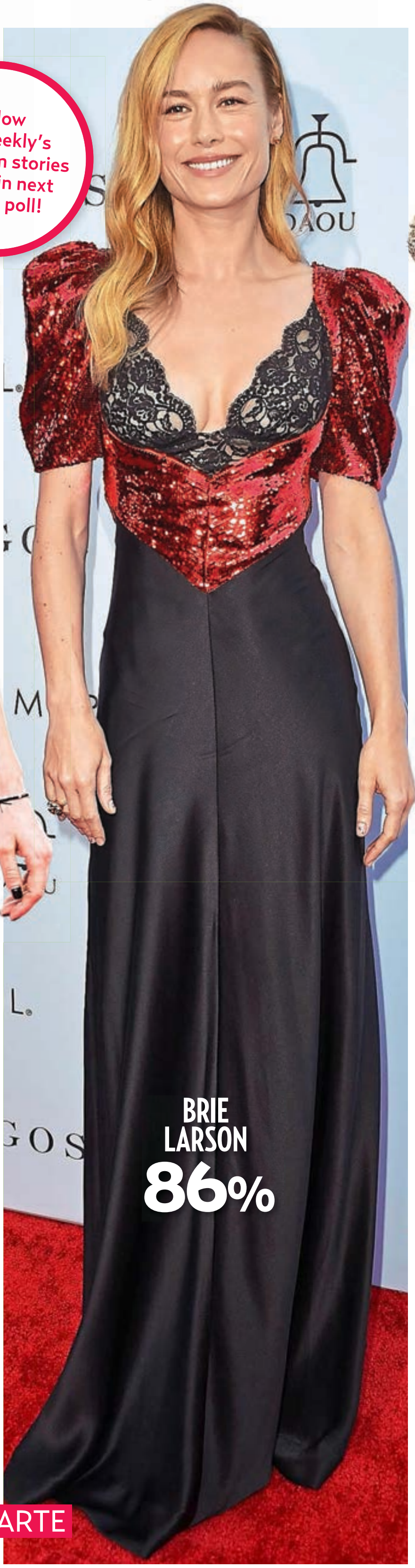
RED CARPET

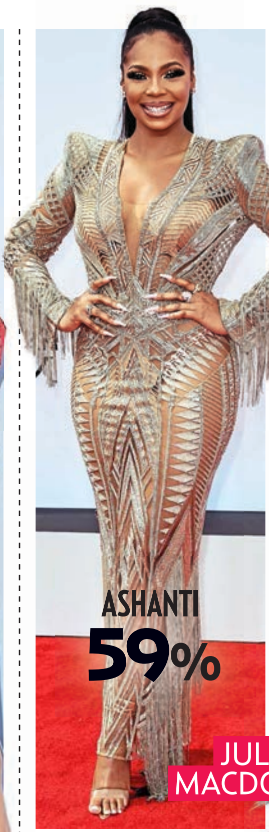
Who Wore It **BEST?**

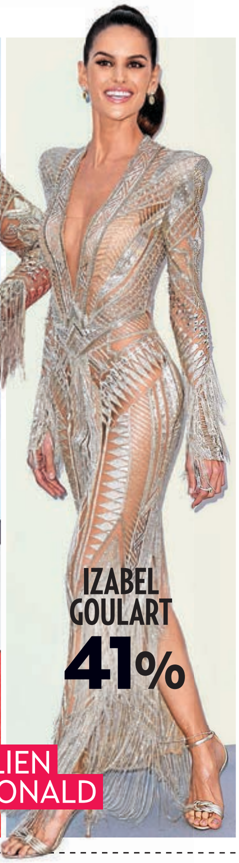
Us asked our Instagram followers to be the judge

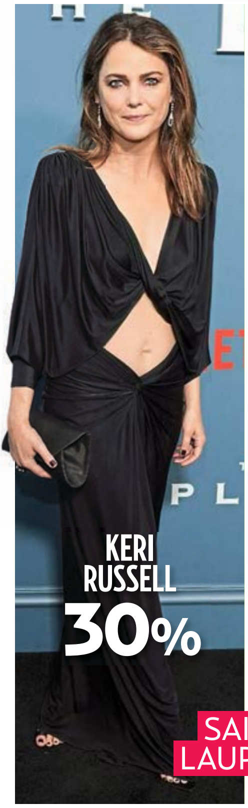
Follow @usweekly's Instagram stories to vote in next week's poll!

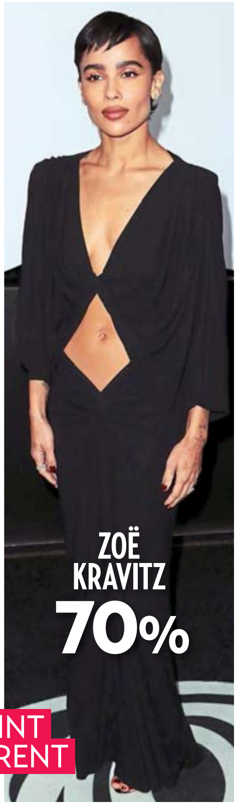

NATALIA DYER
14%


BRIE LARSON
86%
RODARTE




IZABEL GOULART
41%
JULIEN MACDONALD


KERI RUSSELL
30%


ZOË KRAVITZ
70%
SAINT LAURENT

CLOCKWISE FROM LEFT: SHUTTERSTOCK; BROADIMAGE/SHUTTERSTOCK; ROB LATOUR/SHUTTERSTOCK;
DOUG PETERS/PA IMAGES/INSTAR; MATT BARON/BEI/SHUTTERSTOCK; KRISTIN CALLAHAN/SHUTTERSTOCK

By **Crista Lacqua**

FORGETTING
THAT STARS ARE
JUST LIKE US?

MAYBE YOU JUST NEED A

SNICKERS®

© 2023 MARS OR AFFILIATES

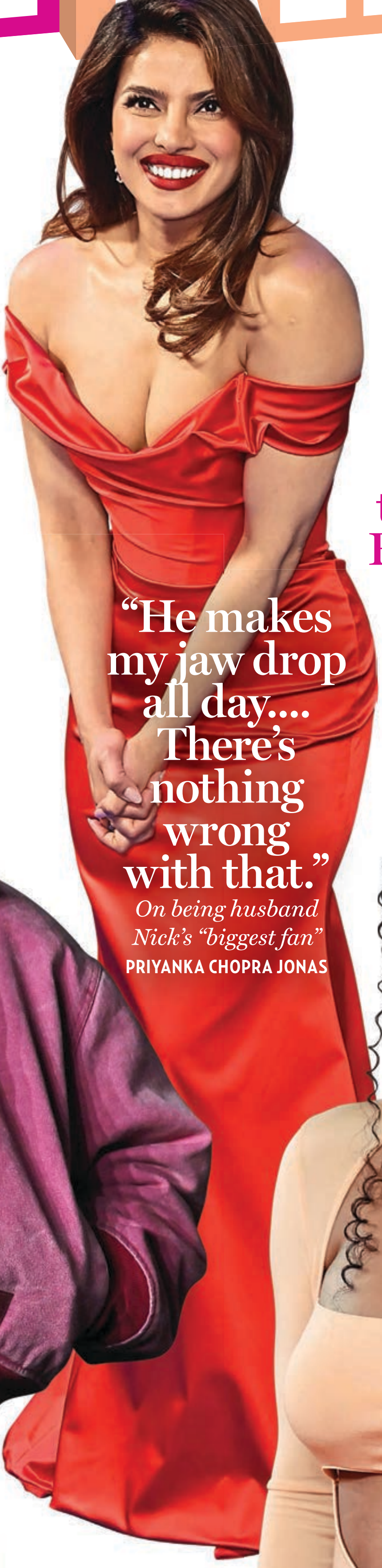
LOOSE TALK

WHAT THE STARS SAID THIS WEEK

"I'm lying there and I'm thinking, 'I'm in bed with Harrison Ford.' I was so excited, I can't tell you. I had to pretend to be cool."

On filming 1923 *with the actor*

HELEN MIRREN



"He makes my jaw drop all day.... There's nothing wrong with that."

On being husband Nick's "biggest fan"

PRIYANKA CHOPRA JONAS

"I just don't need to hear everything in f***ing song all the time. I also think the EGO suits me better."

On why she won't attempt to win a Tony to complete EGOT status

ADELE

"I only knew Ken from afar. I didn't know Ken from within and if I'm being really honest, I doubted my Ken-ergy. I didn't see it, but Margot [Robbie] and Greta [Gerwig], they conjured this out of me somehow."

On his role in Barbie

RYAN GOSLING

"I got to see *The Little Mermaid* two weeks ago. I kind of dissociated, watching this girl, like, 'She's doing really great!' I forgot that it's me."

On seeing herself onscreen

HALLE BAILEY

CLOCKWISE FROM TOP LEFT: GRAHAM WHITBY BOOT/STARTRAKS; DAVID FISHER/SHUTTERSTOCK; KEVIN MAZUR/GETTY; DAVID FISHER/SHUTTERSTOCK; ROB LATOUR/SHUTTERSTOCK

OLAY
REGENERIST
HYALURONIC +PEPTIDE 2
HYDRATING GEL
FRAGRANCE-FREE
NOURISHING
Body Lotion
OLAY
HYALURONIC ACID
B3
NOURISHING & HYDRATING
BODY LOTION
OLAY
HYALURONIC ACID
B3
CLEANSING & NOURISHING
BODY WASH

95% OF WOMEN HAD VISIBLY-SMOOTHER SKIN

in just 7 days with Olay Hyaluronic Body Lotion.* Elevate your head-to-toe skincare routine with Olay Hyaluronic Body Wash and Olay Facial Moisturizer.

SCAN TO CART

*based on expert texture grading vs. baseline when used 2x/day

/ MAY 15, 2023 /

INSIDE Us

22
Grown-ish star **Marcus Scribner** takes *Us* along on a day in his life.

28
Newlywed bliss: **Lukas Gage** and **Chris Appleton** are on cloud nine after their last-minute nups.

On the Cover

10 MET GALA MOMENTS
From striking gowns to coordinated couples, *Us* spotlights the iconic looks from the year's most stylish soirée.

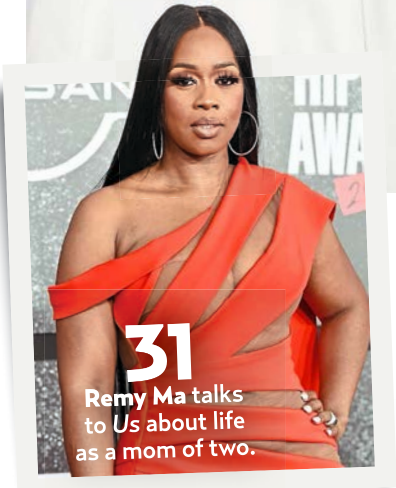
32 BALANCING ACT
In an exclusive interview, **Padma Lakshmi** opens up about her multifaceted career, parenting and season 2 of *Taste the Nation*.

36 OH, BABY!
Kaley Cuoco and **Tom Pelphrey** have found their groove when it comes to raising daughter Matilda.

38 THE SUNNY SIDE
Tracee Ellis Ross, **Ashley Graham**, **Olivia Culpo** and more stars reveal how they get their minds — and bodies — in killer shape for summer.

Also in This Issue

1 First Look
2 Red Carpet
4 Who Wore It Best?
6 Loose Talk
10 Hot Pics
24 Hot Hollywood
28 Love Lives
30 Hollywood Moms
42 *Us* Beauty
44 *Us* Musts
46 Made *Us* Look
48 25 Things You Don't Know About Me



31
Remy Ma talks to *Us* about life as a mom of two.

CONTACT US

LETTERS TO *US WEEKLY*
P.O. Box 37207
Boone, IA 50037-0207

Subscribers email *Us* at
usmcustserv@cdsfulfillment.com

- SUBSCRIBE
- PAY YOUR BILL
- MISSING ISSUES
- CANCEL
- CHANGE OF ADDRESS
- RENEW
- GIVE A GIFT

FROM TOP: FAYES VISION/COVER IMAGES/INSTAR; CRASH/SHUTTERSTOCK; EXCLUSIVEACCESS/SHUTTERSTOCK; (ON THE COVER) CLOCKWISE FROM RIGHT: JOHN SHEARER/WIREIMAGE; DAVID FISHER/SHUTTERSTOCK; MATT BARON/SHUTTERSTOCK; DAVID FISHER/SHUTTERSTOCK (2); MATT BARON/SHUTTERSTOCK; MEGA; MATT BARON/SHUTTERSTOCK; KRISTINA BUMPHREY/SHUTTERSTOCK

SHRM

Purina trademarks are owned by Société des Produits Nestlé S.A.

PURINA®
Fancy Feast®
LOVE IS IN THE DETAILS®
Chef inspired.
Cat adored.
Fancy Feast Savory Cravings
Beef Flavor
Seafood Bisque
PURINA Fancy Feast Broths
AND ACCENTS OF REAL LOBSTER
Fancy Feast
CHICKEN FEAST CLASSIC PATÉ
Fancy Feast Petites
In Gravy
OCEAN WHITEFISH ENTRÉE
Fancy Feast Medleys
WHITE MEAT CHICKEN PRIMAVERA
IN A SILKY BROTH
FancyFeast.com
PURINA®
Your Pet, Our Passion.®

FASHION STATEMENTS

Stars dressed to the nines to honor late designer Karl Lagerfeld at this year's Met Gala, held in NYC on May 1

By **Leanne Aciz Stanton** / With reporting by Travis Cronin

Halle Bailey was all smiles stepping out in custom Gucci.

"It's not forever," **Jessica Chastain** (in Gucci) said of her platinum blond hair. "It's for Karl."

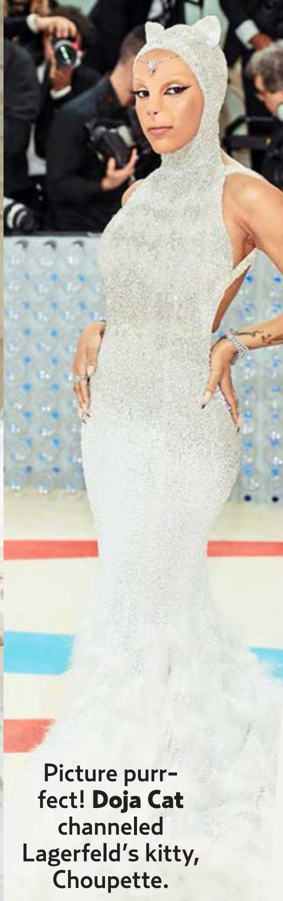
From The Archives!

Throwback! **Nicole Kidman** (with husband **Keith Urban**) rocked the dress she wore in her 2004 Chanel No. 5 ad.

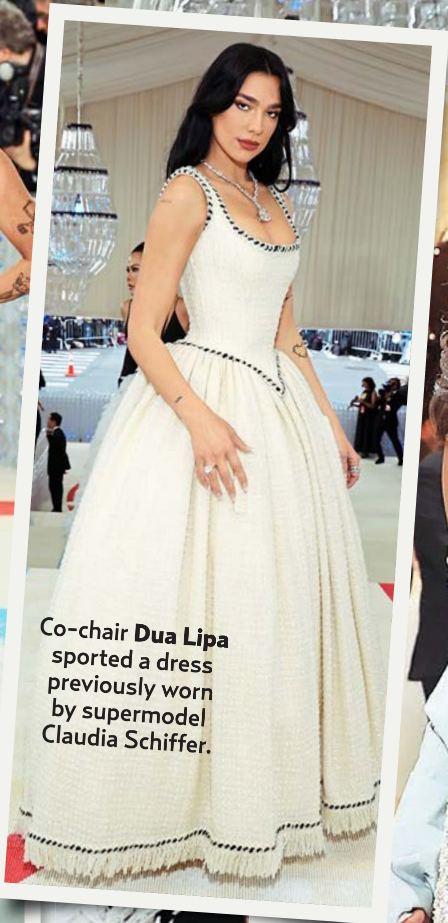
Ariana DeBose stood out in a bold yellow Altuzarra frock.

Angel On Earth!

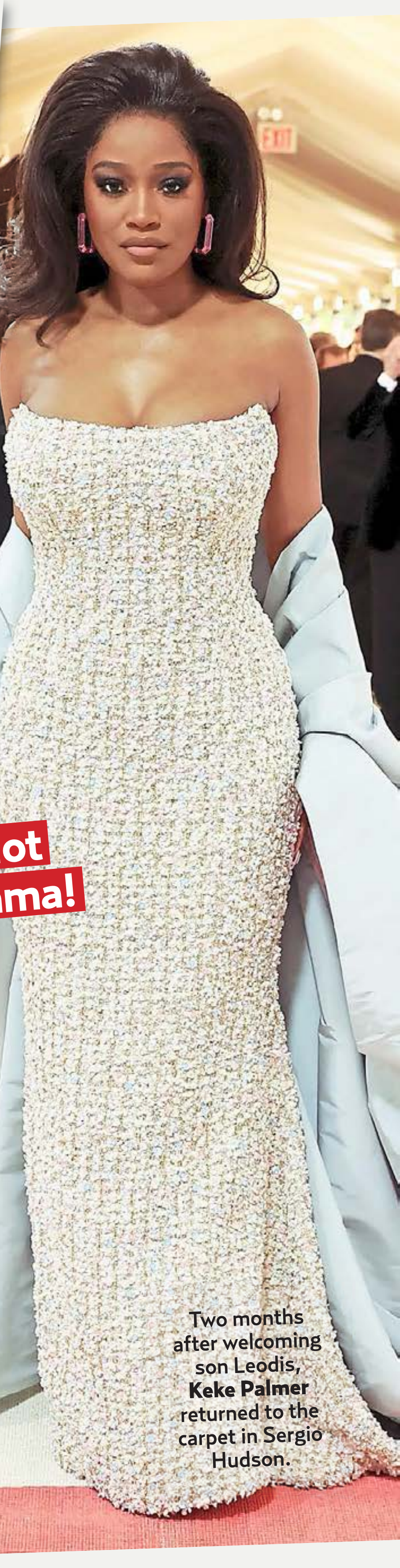
A newly single **Gisele Bündchen** — in vintage Chanel Haute Couture — "has always been very confident and [wasn't] worried about arriving solo," a source tells *Us*.



Picture purr-fect! **Doja Cat** channeled Lagerfeld's kitty, Choupette.

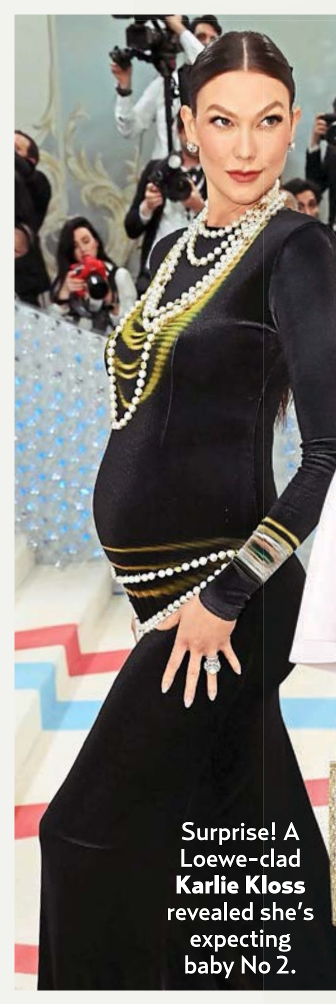


Co-chair **Dua Lipa** sported a dress previously worn by supermodel Claudia Schiffer.

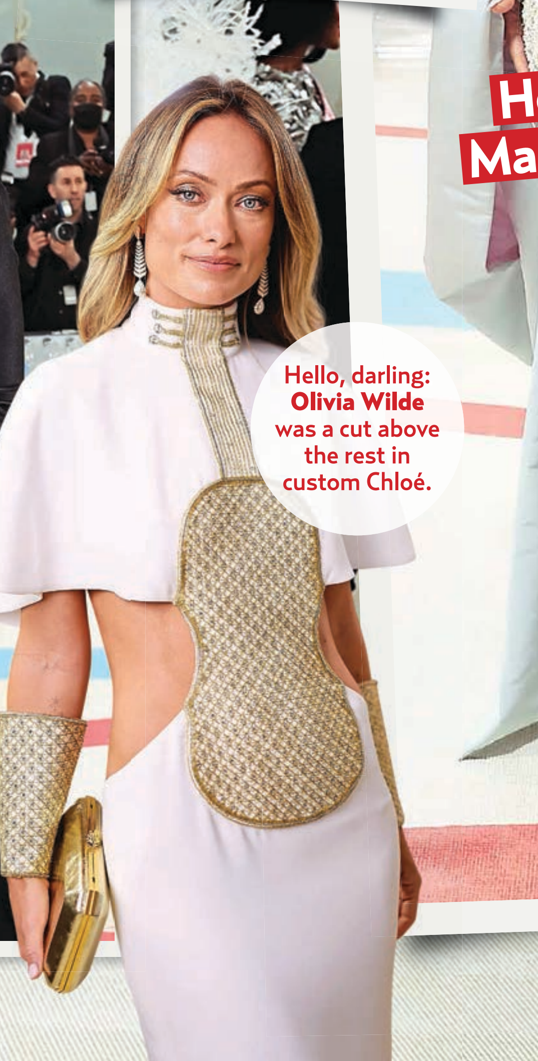


Hot Mama!

Two months after welcoming son Leodis, **Keke Palmer** returned to the carpet in Sergio Hudson.



Surprise! A Loewe-clad **Karlie Kloss** revealed she's expecting baby No 2.



Hello, darling: **Olivia Wilde** was a cut above the rest in custom Chloé.

CLOCKWISE FROM TOP LEFT: JAMIE MCCARTHY/GETTY IMAGES; STEPHEN LOVEKIN/BEI/SHUTTERSTOCK; JOHN SHEARER/WIREIMAGE; KEVIN MAZUR/MG23/GETTY IMAGES; DIMITRIOS KAMBOURIS/ GETTY IMAGES; KEVIN MAZUR/MG23/GETTY IMAGES; MIKE COPPOLA/GETTY IMAGES; MATT WINKELMEYER/MG23/GETTY IMAGES; DAVID FISHER/SHUTTERSTOCK; MATT WINKELMEYER/MG23/GETTY IMAGES

HOT PICS!

Zoë Kravitz and **Hailey Bieber**, who channeled her inner Audrey Hepburn, showed up in serious style.

In good company: **Michael B. Jordan, Tracee Ellis Ross, Gabrielle Union** and **Dwyane Wade** linked up at the event.

Chain Reaction!

Following her performance with the Radio City Rockettes, **Katy Perry** dazzled at the star-studded reopening of Tiffany & Co.'s flagship location on Fifth Avenue.

NYC, APRIL 27

TO GET EVEN MORE HOT PICS EVERY DAY, CHECK OUT **USMAGAZINE.COM**

CLOCKWISE FROM TOP LEFT: JOE SCHILDHORN/BFA.COM/SHUTTERSTOCK; DAVID BENTHAL/BFA.COM/SHUTTERSTOCK; DOUG PETERS/PA IMAGES/INSTAR; ROB LATOUR/SHUTTERSTOCK; NEIL RASMUS/BFA/SHUTTERSTOCK; GARY MILLER/WIREIMAGE; JOE SCHILDHORN/BFA.COM/SHUTTERSTOCK

Slice Gesture!

Say cheese! **Prince William** and **Princess Kate** delivered pizza to the Central Beacons Mountain Rescue Team.

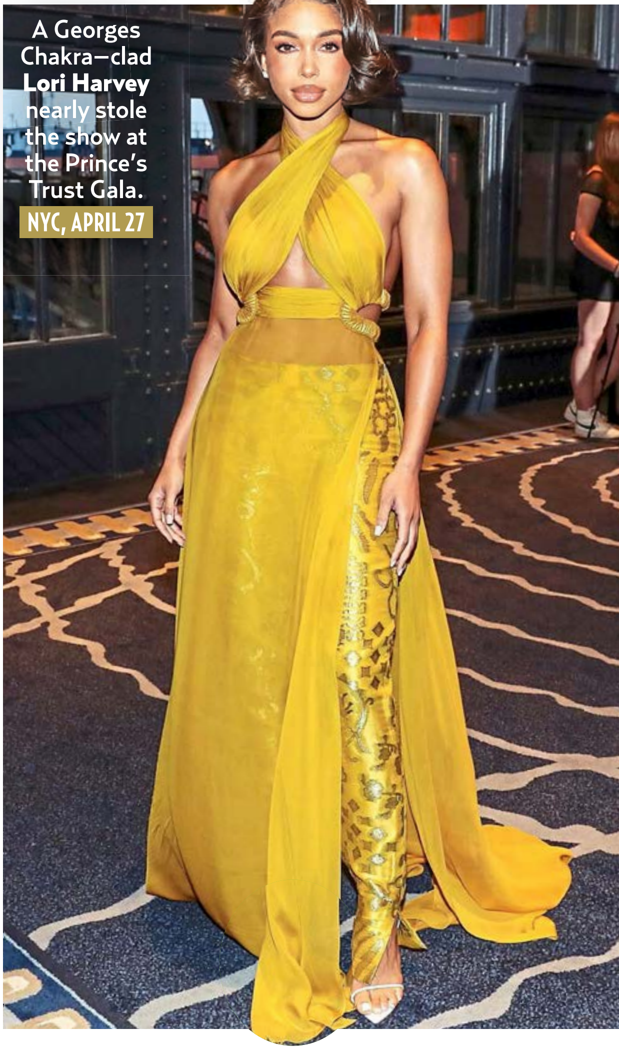
WALES, APRIL 27

"I think my gift is storytelling," **Zendaya** said while accepting the Star of the Year Award during the CinemaCon Big Screen Achievement Awards. "That's what I love to do."

LAS VEGAS, APRIL 27

Matthew McConaughey, wife **Camila** and their son Levi, 14, stuck together at the 11th annual Mack, Jack & McConaughey Gala, which raises money for children's programs.

AUSTIN, TEXAS, APRIL 27



A Georges Chakra–clad **Lori Harvey** nearly stole the show at the Prince's Trust Gala.

NYC, APRIL 27

By **Leanne Aciz Stanton**

HOT PICS

PAW PATROL

These stars love posing with their pets

"Chopa has really settled into her role as princess of the household," **Simu Liu** has said of his rescue.

APRIL 3

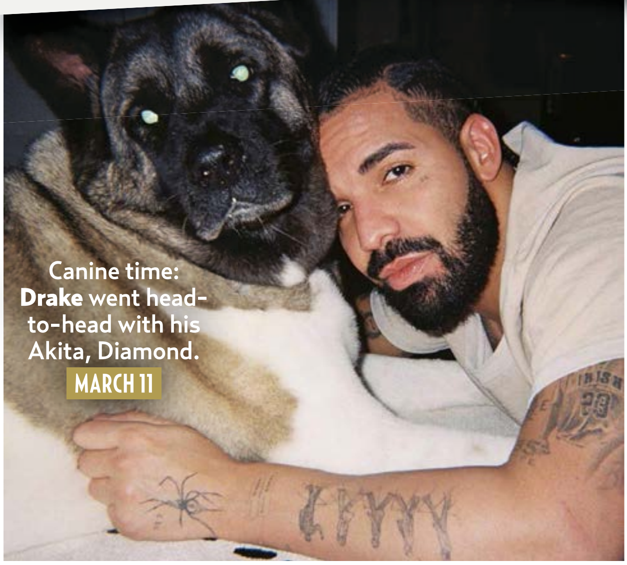
Portable Pooch!

Coming in handy — and sandy! **Demi Moore** toted her tiny Chihuahua, Pilaf, while at the beach.

APRIL 19

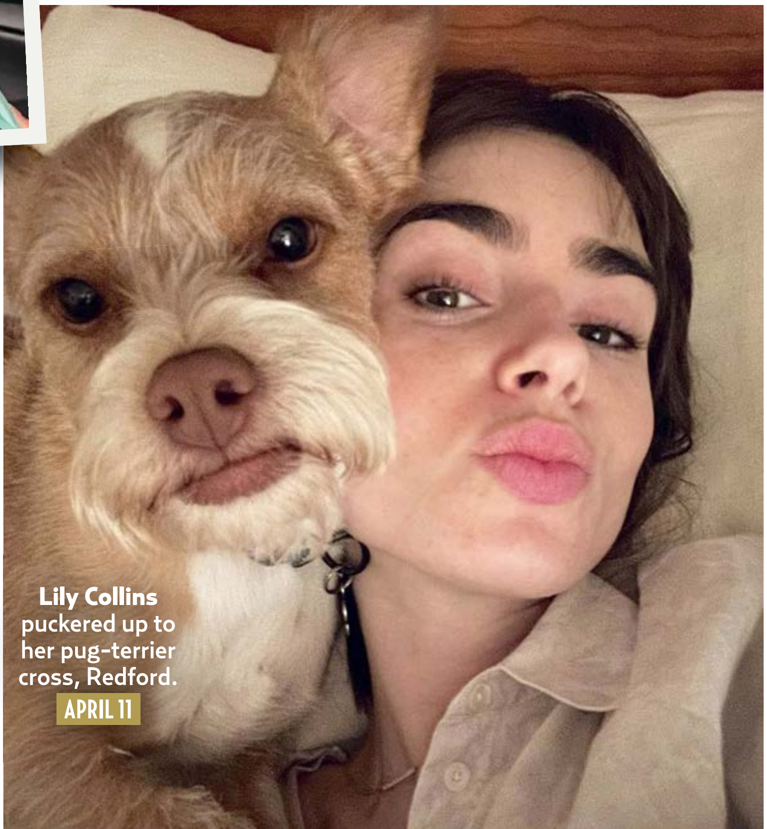
"I might have to smuggle her in my carry-on," quipped **Billy Porter** of his "baby" Lola.

APRIL 11



Canine time: **Drake** went head-to-head with his Akita, Diamond.

MARCH 11



Lily Collins puckered up to her pug-terrier cross, Redford.

APRIL 11

Sofía Vergara snapped a selfie with her and hubby Joe Manganiello's pooch, Bubbles.

APRIL 8

Getting Kissy With A Kitty!

"I have a soft spot for felines," confessed **Salma Hayek Pinault**, who voiced Kitty Softpaws in the *Puss in Boots* films.

APRIL 16

CLOCKWISE FROM TOP LEFT: HANNA BLACKBIRD/SHUTTERSTOCK; SIMU LIU/INSTAGRAM; DEMI MOORE/INSTAGRAM; HANNA BLACKBIRD/SHUTTERSTOCK; SOFÍA VERGARA/INSTAGRAM; HANNA BLACKBIRD/SHUTTERSTOCK; SALMA HAYEK/INSTAGRAM; LILY COLLINS/INSTAGRAM; HANNA BLACKBIRD/SHUTTERSTOCK; DRAKE/INSTAGRAM; BILLY PORTER/INSTAGRAM

By **Matt Sullivan**

LITTER THAT LASTS 50% LONGER,* SO YOU CAN CHANGE IT LESS OFTEN.

Fresh Step
OUTSTRETCH
LONG LASTING CLUMPING LITTER
SIMPLY UNSCENTED
Fresh Step
OUTSTRETCH
LONG LASTING CLUMPING LITTER
febreze
CHANGE YOUR LITTER LESS OFTEN*

TRY FRESH STEP® OUTSTRETCH®
WITH MICRO-GRANULES THAT ABSORB 50% MORE*
IT DOES MORE, SO YOU CAN DO LESS

*vs. Fresh Step Multi-Cat
Certain trademarks used under license from The Procter & Gamble Company or its affiliates.
©2023 FRESH STEP is a registered trademark of The Clorox Pet Products Company.

HOT PIC

Ali Wong stayed true to her Vietnamese roots by rocking a stunning custom Thái Nguyen Áo Dài and headpiece at the *Time* 100 Gala.

NYC, APRIL 26

Head Turner!

"I'm embracing the love, the joy, the impact of my career," **Viola Davis** (with **Meryl Streep** and **Jessica Chastain**) said of being honored with the 48th Chaplin Award.

NYC, APRIL 24

Mother In Pearls!

By **Leanne Aciz Stanton**

The perfect plus-one! **Angelina Jolie** brought son Maddox, 21, to a state dinner at the White House.

WASHINGTON, D.C., APRIL 26

Dynamic duo: **Denzel Washington** had former *Man on Fire* costar **Dakota Fanning** in stitches as they promoted their new film, *The Equalizer 3*, at CinemaCon.

LAS VEGAS, APRIL 24

Golden Girl!

A distracted **Emma Roberts** took a call while filming the 12th season of *American Horror Story*, costarring Kim Kardashian.

NYC, APRIL 24

CLOCKWISE FROM TOP LEFT: GREGORY PACE/SHUTTERSTOCK; POOL VIA CNP/STARTRAKS; CHRIS PIZZELLO/INVISION/AP; JOSE PEREZ/BAUERGRIFFIN/MEGA; GREGORY PACE/SHUTTERSTOCK

eat HEALTHY.
eat DELICIOUS.
eat HAPPY.
NATURALLY DELICIOUS
PURINA Beneful Great Taste SATISFACTION GUARANTEED*
PURINA Beneful
PURINA
Your Pet, Our Passion.®

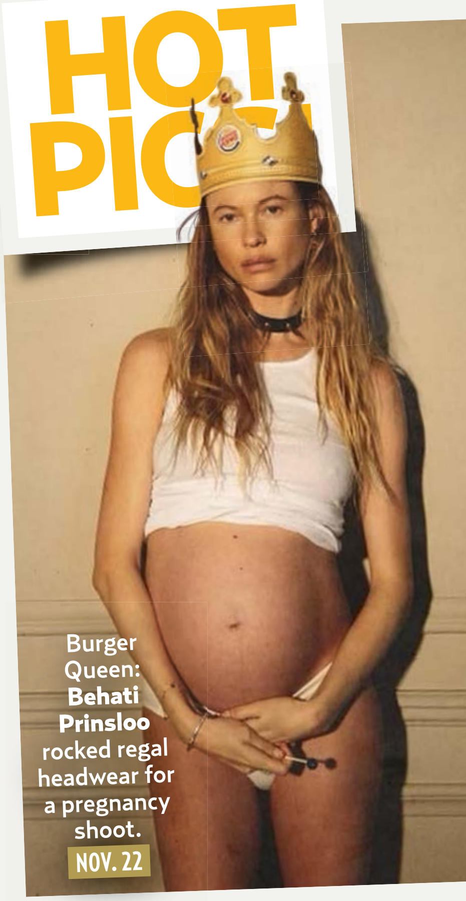
Beneful Natural Recipes

with added vitamins, minerals, and nutrients

It's time for your dog to eat happy with our naturally delicious recipes! Our kibble contains no artificial flavors or preservatives and all added colors come from natural sources, so you can rest easy knowing you're bringing healthy food and joy with every bowl.

*See packaging or visit Beneful.com/faq for complete details. Refund request must be made within 60 days of date on receipt. Offer good only in USA, APOs & FPOs.

HOT PIC



Burger Queen: **Behati Prinsloo** rocked regal headwear for a pregnancy shoot.

NOV. 22

Mardi Gras Monarchs!

"Now the King's got his Queen," said **Mario Lopez** when his wife, **Courtney**, joined him on Universal Orlando's Mardi Gras parade float.

ORLANDO, FLA., FEB. 27

By **Matt Sullivan**

CROWNING GLORY

Watch the throne, **King Charles**! These celebs also enjoyed coronations

Adam Sandler accepted the King of Comedy Award at the Nickelodeon Kids' Choice Awards —and was subsequently slimed!

L.A., MARCH 8

Holding Court!

KING OF COMEDY

Eric André gave himself the royal treatment at his 40th-birthday party as he scarfed down a Jimmy John's sub.

NYC, APRIL 8

CHILL VIBES
BIG & COMFY
NET WT. 2 OZ (56g) POTATO CHIPS

Watch what happens, love! "My princess," gushed **Andy Cohen** of his 1-year-old daughter, Lucy.

NYC, APRIL 12

THESE FOOLS PUT MY CAPE ON BACKWARDS

CLOCKWISE FROM TOP LEFT: BEHATI PRINSLOO/INSTAGRAM; JOHN SALANGSANG/SHUTTERSTOCK; SARA JAYE WEISS/SHUTTERSTOCK; ANDY COHEN/INSTAGRAM; MARIO LOPEZ/TWITTER

BIG TASTE
• just for •
SMALL DOGS

Pack joy in every bite with our new IncrediBites paté, with real meat as the #1 ingredient.

new
PURINA
Beneful brand dog food
IncrediBites
paté just for small dogs
real chicken #1 ingredient
NO ARTIFICIAL PRESERVATIVES, COLORS, OR FLAVORS
NET WT 3.5 OZ (100 g)
grilled chicken flavor in savory gravy
2227183E7

PURINA Your Pet, Our Passion.

Stars THEY'RE JUST LIKE US!

"The salon experience has always been vital to the Black community," noted **Gabrielle Union**.

APRIL 17

THEY CURL THEIR HAIR!

THEY GO MOUNTAIN BIKING!

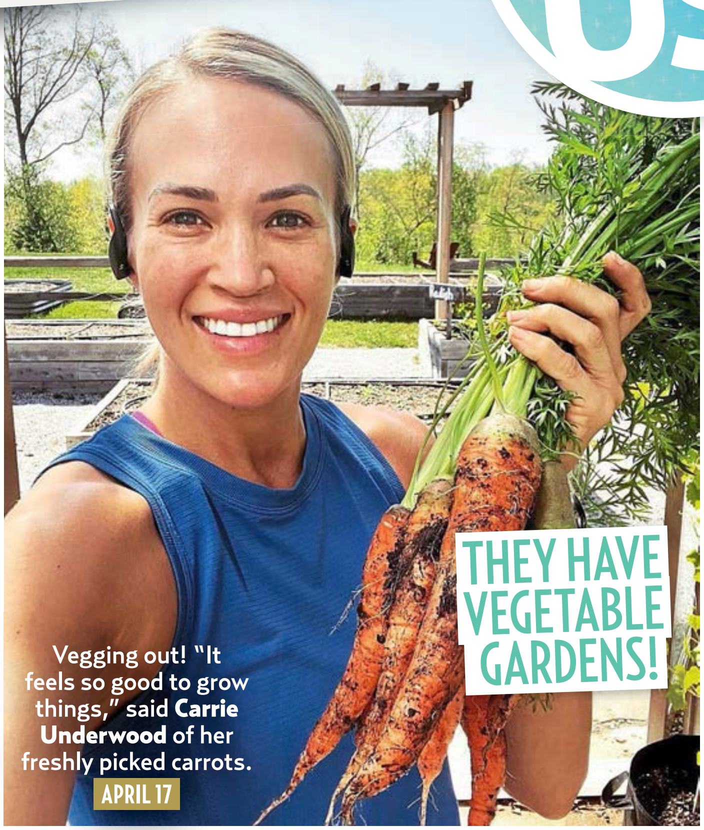
Happy trails! **Chris Hemsworth** bragged that his sons ride bikes "with more control and less fear than me."

TASMANIA, APRIL 21

Court jester: **Ellen DeGeneres** prepped her paddle for a match.

APRIL 17

THEY PLAY PICKLEBALL!



THEY HAVE VEGETABLE GARDENS!

Vegging out! "It feels so good to grow things," said **Carrie Underwood** of her freshly picked carrots.

APRIL 17

CLOCKWISE FROM TOP LEFT: GABRIELLE UNION/INSTAGRAM; CHRIS HEMSWORTH/INSTAGRAM; ELLEN DEGENERES/INSTAGRAM; CARRIE UNDERWOOD/INSTAGRAM

By **Matt Sullivan**

ADVERTISEMENT

TRY SKY WELLNESS SOFTGELS for FREE*

5 SOFTGELS PER PACK
Maximum Strength
SKY WELLNESS
IMMUNITY softgels WITH VITAMIN C
125mg CBD
THC FREE
+ CBG & Elderberry
Broad Spectrum Hemp Oil
Net Wt 0.13 OZ | 3.7g
DAILY softgels
125mg CBD
Broad Spectrum Hemp Oil
SLEEP softgels
125mg CBD
+ CBN & Melatonin
Broad Spectrum Hemp Oil
PER SOFTGEL

GET Worry-Free Wellness

All Day, Every Day with Sky Wellness CBD Softgels

Hey there! Have you noticed how all of our favorite celebs seem to be on a mission to prioritize their health and wellness lately? And it's not just about hitting the gym and sticking to a strict diet anymore. Nope, they've added something extra to their routines that's been getting a lot of buzz lately—Sky Wellness CBD!

FOR WORRY-FREE WELLNESS (ALL DAY, EVERY DAY!)

Start your spring off right with the peace of mind that comes with incorporating CBD into your daily wellness routine. With Sky Wellness CBD Softgels, you can enjoy the benefits of CBD without the hassle of measuring out doses or dealing with messy oils—just take a softgel and go about your day. With three awesome options to choose from, you're covered all day and night!

Daily Softgels

Sky Wellness CBD Daily Softgels provide a convenient and fast way to get your daily dose of CBD. With all premium broad spectrum CBD in every softgel, we make sure you're getting your proper dose of USA-grown CBD daily. **(Starting at $8.99)**

Sleep Softgels

Just what you need to unwind your mind, relax your body and dive into a gratifying and restful sleep. Each softgel contains 25mg of broad spectrum CBD, plus CBN, the cannabinoid known for sleep. **(Starting at $11.99)**

Immunity Softgels

These broad spectrum softgels include 25mg of CBD per softgel and also contain CBG, elderberry and vitamin C for wellness support. Give these softgels a try for your daily routine and see the difference! **(Starting at $11.99)**

Sometimes the best things in life really do come free—get free Sky Wellness CBD Daily Softgels at SKYWELLNESS.COM/FREEDAILY (S&H applies).

Statements have not been evaluated by the Food & Drug Administration. This product is derived from hemp and could contain THC. Keep out of reach of children. This product is not approved by the FDA to treat, cure, or prevent any disease. Consult your physician before use if you are pregnant, nursing, have or suspect a medical condition or are taking any medications.

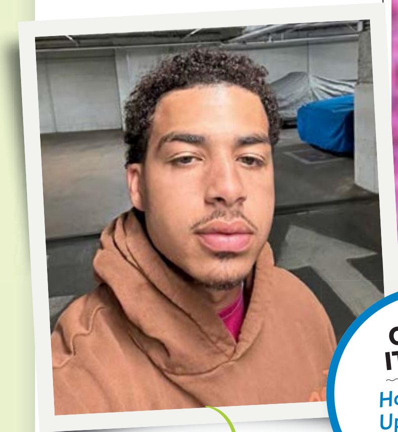
*While supplies last. Void where prohibited.

A DAY IN MY LIFE

Marcus Scribner shares his daily routine with *Us!*

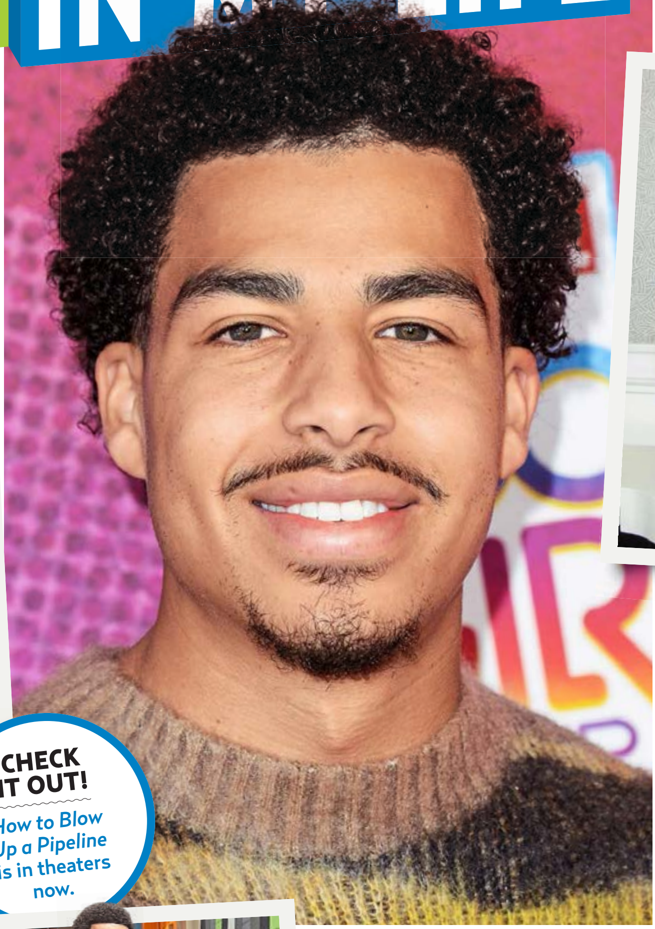
6:00 A.M.

RISE & GRIND Mornings start early for Scribner, who heads out to film *Grown-ish* at the crack of dawn. "I'm half-asleep," he admits to *Us*, "but I know my amazing cast and crew will wake me up as soon as we hit the set."



8:00 A.M.

MASKED MOMENT Next, Scribner, 23, sits for hair and makeup with costar **Trevor Jackson**. "Got to keep that skin fresh and camera-ready," quips the actor.



CHECK IT OUT!

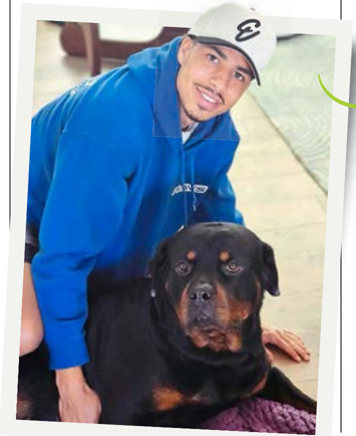
How to Blow Up a Pipeline is in theaters now.

9:00 A.M.

SITTING ROOM "New seat backings for season 6! It's been almost 10 years of playing Junior, and it's crazy to see it finally come to an end," Scribner says of the series, which returns June 28. "You won't be disappointed!"

4:00 P.M.

CANINE CHECK-IN After wrapping work early, Scribner makes a "quick stop back at home to say wassup to my dog, Odin," the *Black-ish* alum shares. "I'd take him everywhere with me if I could."



8:00 P.M.

DAPPER DUDE For Scribner, the night is just beginning. He tells *Us* it's time to show face on the party circuit: "All dressed up and ready to hit the red carpet in this fire all-black fit."

5:00 P.M.

FLEX CHECK No matter what, Scribner squeezes in a workout. "I always find time in the busy schedule to maintain the fitness," he says. "Probably grabbing In-N-Out after to reward myself."

CLOCKWISE FROM CENTER: RAY TAMARRA/SOUL B PHOTOS/SHUTTERSTOCK; PHOTOS COURTESY MARCUS SCRIBNER

By **Leanne Aciz Stanton**

Magazine
SHOP

Your One Stop Shop For
FITNESS, NUTRITION, DIET
and more!

BOOST ENERGY | FEEL YOUR BEST | LOOK YOUNGER
KETO
FOR WOMEN OVER 50
CENTENNIAL HEALTH
Weight Loss That Works!
DROP POUNDS FAST & NEVER BE HUNGRY
35+ Get-Started Recipes
CENTENNIAL SPECIALS
US $13.99 Display Until 8/7/23

FREE SHIPPING on all U.S. orders

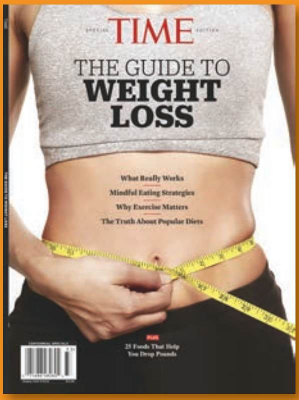
Order today!

Scan to shop:
Open your camera app, focus on this code, and tap when the url pops up!

Or go to:
www.magazineshop.us/keto50

Find these magazines & many more online!

THE COMPLETE GUIDE TO
ANTI-INFLAMMATION
Eat Smarter and Live Longer


TIME
THE GUIDE TO WEIGHT LOSS

Denise Austin's Fit Over 50
Spring Fitness Challenge
BELLY BUSTERS
Sexy at Any Age
BUDGET MEALS
POSITIVE CONNECTIONS

DIETS THAT HEAL
17 PROVEN PLANS
76 RECIPES TO GUARANTEE SUCCESS!

LISTEN UP!
Get Us Weekly podcasts at usmagazine.com/podcasts

GLEN & SYDNEY

Too Close for Comfort?

Us breaks down what's really going on between the costars

Rumors of an affair between **Glen Powell** and **Sydney Sweeney** have been swirling ever since the actors were seen looking cozy on several occasions — including an April 24 photo-call at CinemaCon for their upcoming rom-com, *Anyone But You*. Though the pair's undeniable chemistry raised some eyebrows on set of the flick — "it was an open secret they'd gotten really close," a source tells *Us* — the *Euphoria* star, 25, insists that she and Powell, 34, never crossed the line. "This is a nightmare scenario for Sydney [because] she takes her reputation extremely seriously," says the source, explaining that Sweeney's begging her fiancé, businessman **Jonathan Davino**, not to believe the hype. "This is without a doubt a huge test of their relationship." (On April 28, Sweeney enjoyed a date night with Davino in NYC, but the next day, she stepped out sans her engagement ring.) Meanwhile, Powell, whose girlfriend **Gigi Paris** fueled rumors by unfollowing Sweeney and him on Insta amid the chatter (it was later reported that they'd quietly split weeks earlier), seemingly isn't stressing. "Glen's being very sheepish," notes the source. "He's trying to lie low and waiting for all the fuss to die down."

"I love when she calls me that," Powell quipped after Sweeney playfully referred to him as "Top Gun" at CinemaCon on April 24.

"Kim couldn't have gotten through the tough times without her family," says a source.

KIM KARDASHIAN

Back in the Game

Kim Kardashian is looking for love: "She's finally really ready to date again and is telling friends she's in [the right] place emotionally," a source tells *Us* of the 42-year-old reality star, who's been single since her August split from **Pete Davidson**. (Her divorce from **Kanye West** was finalized in November.) "Kim is manifesting her next relationship, and her goal is that she wants it to feel easy," explains the source. "She wants someone on her level, but also someone who is easygoing and that she can trust." Kardashian's close friends have already started suggesting potential suitors to wine and dine her. "Kim hasn't [officially] been set up yet, but she's open to the idea," notes the source. "She had a rough time with her divorce [from Kanye], and she went through some very low times. But Kim still believes in love and is ready to find the right one."

Friendly Exes

» No bad blood here! It's been more than five years since their marriage came to an end, but **Jennifer Aniston** and **Justin Theroux** are still extremely close. "They've remained good friends and chat frequently," an insider tells *Us* of the *Morning Show* actress, 54, and the *Leftovers* alum, 51, who were seen sharing a hug while grabbing dinner with mutual pals **Jason Bateman** and his wife, **Amanda Anka**, on April 22 in NYC. "They still love and care for each other very much — and pals would love to see them get back together." According to a source, a reconciliation isn't out of the question: "Jen and Justin still have great chemistry, so it's very possible!"

KEEPING UP WITH US

- *Red Table Talk* — the Emmy-winning series hosted by **Willow Smith**, **Jada Pinkett Smith** and **Adrienne Banfield-Norris** (above) — has been canceled amid the closure of the Facebook Watch originals group. "We are in talks of finding a new home," Jada assured fans.
- Out of character: *Guardians of the Galaxy Vol. 3* will be **Zoe Saldaña**'s last time portraying Gamora in the MCU. "I don't think this is the end for the Guardians... It is the end for me," she said.
- **Naomi Watts** sparked engagement rumors after donning a giant sparkler on *that* finger during an April 27 *Today* show appearance. When asked if she's engaged to actor beau **Billy Crudup**, Watts avoided the question, blaming "brain fog."
- Facing the music! **Kesha** recently revealed that she was once secretly engaged — but called it off. She teased that her ex, whose identity has not been revealed, is "still a friend."
- Barrier-breaking entertainer **Harry Belafonte**, known for hits like "Jump in the Line," passed away on April 25 at age 96.

Get in touch with *Us*: Email
EDITOR@USMAGAZINE.COM

CLOCKWISE FROM RIGHT: SOPHY HOLLAND/FACEBOOK; CHELSEA LAUREN/REX/SHUTTERSTOCK; JEFFREY MAYER/JTMPHOTOS; MATT BARON/BEI/SHUTTERSTOCK; ANDREW H. WALKER/SHUTTERSTOCK

By **Isley Zegas** / With reporting by Travis Cronin, Sarah Jones & Andrea Simpson

JERRY Springer

KEEPING UP WITH *US*

- On April 27, iconic daytime talk show host **Jerry Springer** (above) passed away after a battle with pancreatic cancer. "Everything I have today, I owe to Jerry," former costar **Steve Wilkos** told *Us*. "He was the smartest, most generous, kindest person I've ever known."
- She's here! **Rumer Willis** and singer **Derek Richard Thomas** welcomed daughter Louetta Isley on April 18, calling their little girl "pure magic."
- **Tish Cyrus** is engaged to her beau of almost a year, **Dominic Purcell**. "A thousand times… YES," she gushed in an April 29 Insta post showing off her ring.
- Sweet Emotion! After 50 years, **Aerosmith** is saying farewell with a tour set to kick off in September. "You're going to get the best show of our lives," the band promised fans.
- **Meghan Markle** has signed with WME in hopes of "building out her business ventures across multiple facets… including film and television production, brand partnerships and more," the talent agency shared.

Got some hot gossip? Email HOTSTUFF@USMAGAZINE.COM

The pair were first spotted together at an L.A. concert in November.

BRAD PITT

Falling Hard

Brad Pitt is head over heels for **Ines de Ramon**. "Their relationship is still fairly new, but things are going well and are not slowing down," an insider tells *Us*, adding that the actor, 59, and the L.A.-based jewelry designer — who've been dating since the fall — have already said "I love you" to each other. "Brad does want to settle down again," notes the insider. "His schedule's been crazy, so he and Ines haven't gotten there yet in terms of moving in together, but it's going in that direction." As *Us* previously reported, Pitt and De Ramon were forced to spend "quite a bit" of time apart earlier this year while he was filming *Wolves* in NYC with pal **George Clooney**. But with summer around the corner, "they've talked about traveling to Europe together," shares the insider, hinting that Pitt's hoping to mix business and pleasure: "There's real estate he's eyeing there. He loves architecture, so he's always looking!"

Day By Day

» Nearly five months after the heartbreaking death of **Stephen "tWitch" Boss**, a judge has granted the *Ellen DeGeneres Show* alum's wife, **Allison Holker**, full control of their joint estate. "Allison's relieved to have this behind her. Now she can finally move on without this cloud hanging over her," an insider tells *Us* of the former *DWTS* pro, 35, who filed the legal docs back in February. "It's still so hard for everyone to process the fact Stephen's gone," the insider continues. "But Allison's been a mama bear to their kids. She's so protective, strong and focused. Stephen would be proud at the way she's handled everything."

BOSS

CLOCKWISE FROM RIGHT: SHUTTERSTOCK; ALLISON HOLKER/INSTAGRAM; ANDREW H. WALKER/SHUTTERSTOCK; ITV/SHUTTERSTOCK; SPLASH NEWS; PHOTO IMAGE PRESS/SHUTTERSTOCK

"Her kids are very normal and grounded. She's raising them the right way," a source previously told *Us* of Bullock.

SANDRA BULLOCK

Class Act

Sandra Bullock has been in total mom mode since announcing her hiatus from acting last year. "Sandra was always very hands-on with her kids [Louis, 13, and Laila, 11] when she was home, but now that she's stepped back from [her career], she's very active at their school," an insider tells *Us* of the Oscar winner. (Last March, Bullock, 58, admitted that she wanted to spend "24/7 with my babies and my family" while on her break.) "Sandra is everywhere," the insider continues. "She volunteers to be a chaperone, she's involved in the PTA and is helping out around the school. She's very involved in both of her children's lives now."

THE US BUZZZZ-O-METER

What Hollywood is buzzing about this week

THE BODY MITT

The Original MakeUp Eraser's 2-in-1 body mitt exfoliates and polishes, leaving skin smoother, brighter and ready for beach days. ($15, Ulta Beauty, *makeuperaser.com*)

FRISKY WHISKEY

The Black and female-owned premium spirit is infused with pure caramel and raw vanilla, perfect for sipping solo or mixing into cocktails. ($35, *totalwine.com*)

THE JOLIE FILTERED SHOWERHEAD

Harry Styles vouches for this nozzle, which filters chlorine, heavy metals and contaminants from your water to improve skin and hair. ($165, *jolieskinco.com*)

DOECHII

Kylie Jenner is a fan of the rapper, whose latest single, "What It Is (Block Boy)" featuring **Kodak Black**, has been steadily climbing the music charts. (*instagram.com/doechii*)

PASTA RAMEN

Good luck getting a reservation at this Japanese-inspired Italian hotspot in Montclair, N.J., frequented by **Teresa Giudice**. Bonus? It's BYOB! (*pastaramen.com*)

Love Lives

"They're so happy to have found each other," a source says of Gage and Appleton (in L.A. on April 23).

LUKAS & CHRIS

Total Whirlwind

➳ **Lukas Gage** and **Chris Appleton** are married! "They were sure that this is what they wanted, so they did it as quickly as possible," a source tells *Us* of the actor, 27, and the hairstylist, 39, who went public with their romance in February. (*Us* broke the news of their engagement weeks later.) Held at Las Vegas' Little White Chapel — with pal **Kim Kardashian** as their officiant — the ceremony "was spur of the moment," reveals the source. "They really only planned for a week." Neither have any regrets. Adds the source: "They're in newlywed bliss."

➔ LEARN MORE ABOUT YOUR FAVORITE COUPLES AT **USMAGAZINE.COM**

CLOCKWISE FROM LEFT: STEFANIE KEENAN/GETTY IMAGES FOR DAILY FRONT ROW; FAYES VISION/STARTRAKS; JPA/AFF-USA/MEGA

By **Isley Zegas** / With reporting by Travis Cronin & Christina Garibaldi

Seeing Stars

Lori Harvey has big plans for her budding romance with **Damson Idris**: "She's got her heart set on being the next Hollywood power couple," an insider tells *Us*, explaining that Harvey, 26, thinks the *Snowfall* actor, 31, is incredibly talented. "Lori adores Damson and he's equally smitten."

In the Loop

Being married to someone else in showbiz has its benefits: "We're two artists with different interests, but of course we share… what we're working on," *Carmen* director **Benjamin Millepied**, 45, tells *Us* of wife **Natalie Portman**, 41, adding that he's even gearing up to "[send] her a new script that I finished."

PURINA® PRO PLAN®
IT ALL
STARTS HERE
Strength and stamina out there start with high-performance nutrition in here.
30% Protein & 20% Fat to Maintain Lean Muscle
30/20
Optimizes Oxygen Metabolism (VO2 Max) for Increased Stamina
Learn more at ProPlanSport.com
PURINA® Your Pet, Our Passion.®
Purina trademarks are owned by Société des Produits Nestlé S.A. Any other marks are property of their respective owners.
PURINA PRO PLAN
PERFORMANCE 30/20
SPORT

HOLLYWOOD MOMS

Special Feature

Alessandra Ambrosio's children, Anja, 14, and Noah, 10, may have her good looks, but she's most impressed by their personalities. (Dad is ex **Jamie Mazur**.) "Anja is outgoing, creative and funny, and Noah is persistent, loving and sweet," the *Sports Illustrated* model, 42, tells *Us*. "What I like the most is that they're kind to each other and others." Here, the Brazilian beauty dishes on life as a mom of two.

Q: What are Anja and Noah up to?
They are so good at school. Anja loves humanities [and] Noah is great at science. He's all about *Star Wars*, Legos, basketball, playing with his pets and gaming. Anja is taking piano and acting classes, dancing and playing volleyball. They're almost as busy as me!

Q: What would you say is your biggest parenting challenge lately?
[Since] I have a teenager, I want to ensure Anja is making good decisions. Luckily, we're best friends and she's comfortable being honest with me, so we often speak about challenges she has. I had a similar relationship with my mom, and am happy that we can do the same.

Q: Can you share any valuable advice for new moms?
Being a parent is selfless, but to take care of them, you need to take care of yourself. For new moms, I would tell them to enjoy every moment because they go by so quickly.

"We love to travel together and explore different cultures and food," Ambrosio tells *Us*. "My kids are true foodies."

FROM LEFT: ALESSANDRA AMBROSIO/INSTAGRAM (2); MELISSA JOAN HART/INSTAGRAM; PAPOOSE/INSTAGRAM

By **Leanne Aciz Stanton** / With reporting by Travis Cronin, Andrew Nodell & Stephanie Webber

Matters of the Hart

Raising Mason, 17, Braden, 15, and Tucker, 10, is a full-time job for **Melissa Joan Hart**. "I've spent the last few months trying to get a handle on each one and what they need," the *Clarissa Explains It All* alum, 47, told *Us* at 90s Con. "Making sure school is going well, their mental health is good, [that] they're working on their after-school activities and are well-rounded." With Mason heading to college next year, Hart is savoring every moment, noting she's taking "everything I can get because I know [time] is ticking away."

PAPOOSE
tuneCORE TOASTS: PAPOOSE

Little Miss Confident

Remy Ma and **Papoose**'s daughter, Reminisce, 4, already has a mind of her own. "She's like me: very assertive," the rapper, 42 — who's also mom to son Jace, 22 — told *Us* at the 50 Years of Hip-Hop event, presented by TuneCore. "If she says something, that's what it is, that's how she feels and [there's] very little space to change her mind." Though it's difficult being away from her kids for work, Remy admits she's lucky enough to have a built-in babysitter in her eldest child: "It's the best thing ever."

It's all
GLAD
with
CLOROX
GLAD ForceFlex MaxStrength
CLOROX

Eliminate food and bacterial odors for all-in protection.

It's better than all good

It's all GLAD

Lakshmi serves as host and producer on *Taste the Nation*. "It's a big, big learning curve," she admits.

COMING IN HOT

Taste the Nation host **Padma Lakshmi** dishes on food, fun and finding The One

BY JAIME HARKIN & ANDREA SIMPSON

You never know where life will take you," says Padma Lakshmi. The longtime television host is living proof: While working as a model and actress, the 52-year-old star decided to write a cookbook, the success of which led to a development deal with the Food Network and, soon after, a game-changing gig on the Bravo cooking competition series, *Top Chef* (the 20th season debuted in March). Now she's hard at work on another labor of love — her acclaimed Hulu series, *Taste the Nation*, which kicked off its second season on May 5. "It's all very exciting," says the mom to Krishna, 13 (dad is ex Adam Dell). "I'm at the peak of my career right now." Here, the activist and author talks to *Us* about savoring the moment and what's next.

"I'm having my best moment right now," says Lakshmi.

FROM LEFT: CRAIG BLANKENHORN/HULU; GREGORY PACE/SHUTTERSTOCK.

You've accomplished so much. What are you most proud of?
First and foremost, my daughter. They told me I could never have children. And I'm so thankful. She's a gift to me every day. Beyond that, it's my writing and *Taste the Nation*.

Tell us about season 2 of *Taste the Nation*.
We go to Puerto Rico to look at Puerto Rican culture, to Houston to look at the Nigerian-American community and we spend Ramadan in Detroit. I go into these communities and embed myself for a week.

Why was it important for you to do this show?
I am an immigrant, and in 2016 I started working with the ACLU on immigration rights. I wanted to do something artistic and creative with my advocacy. Five or six networks said

no. I'm so happy Hulu said yes — they're the perfect partner.

"My daughter teaches me every day," shares Lakshmi (with Krishna in February).

What are some memorable moments from filming?

I carved a pig's head. I go sponge diving with a salty, old Greek sailor. I had to put a lamb in a wood-burning oven — you stuff it with a rice mixture through the bum. I put my arm into the whole lamb — it literally disappeared all the way up to my elbow.

Season 20 of *Top Chef* wraps in June. Can you believe the show has lasted so long?

It's incredible. I never thought it would become this pop-culture phenomenon. I'm so grateful to our fans because they're so loyal and so vocal.

What would surprise fans to know about the series?

It looks hard, but it's so much harder in real life. Every batch of contestants has their own group personality, and I feel like I'm their sixth-grade teacher saying, "You can do it, you can do it!"

You've talked about gaining weight while filming each season.

What's that like?

It's very taxing physically. I know it sounds like a high-class problem when I complain, but I sometimes consume 7,000 or 8,000 calories a day. I usually go up two or three dress sizes in six or eight weeks, and then it takes me about 10 or 12 weeks to lose it. I'm not in my 20s. I have to go to the gym for one or two hours at least five or six days a week. I'm lucky — not many people have two hours to work out, and I can afford a trainer and Pilates and boxing sessions. I want to be honest about that.

What's next for you professionally?

I'm working on a *Taste the Nation* cookbook and I'm doing a little part on a TV show, but I can't talk about it yet!

You seem to have a very close bond with Krishna.

We're very, very close. I take her everywhere around the world when

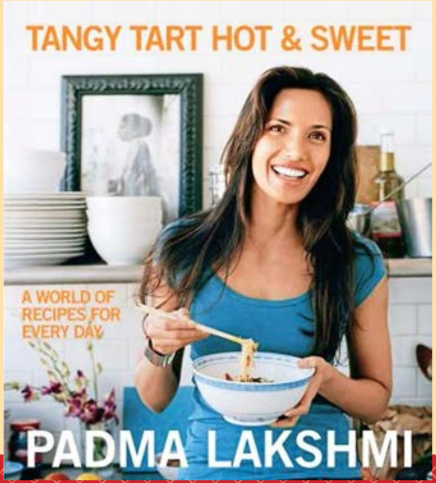
DOING IT ALL

The multitalented star has her hand in everything

VOGUE
INDIA
STRONG IS BEAUTIFUL INTO THE WORLD OF PADMA LAKSHMI
Naturals Neutrals Nudes
50 SHADES OF BEIGE

COVER GIRL

The beauty appeared on *Vogue India* and made her *Sports Illustrated* Swimsuit Edition debut this month.



BESTSELLER

She's written five books, including two cookbooks and *The Encyclopedia of Spices and Herbs*.

dealbreakers

TV ROLES

Lakshmi — who was a theater major — made a guest appearance on *30 Rock* in 2009.

Lakshmi (with judge Tom Colicchio) joined *Top Chef* for its second season and says she's "stayed in touch with a lot of contestants."

I film. I also have a wonderful nanny who I want to give all sorts of credit to because I could never do two shows if it wasn't for her.

What do you and Krishna enjoy doing together?

We love to roller-skate and we love to watch *Hot Ones*. Our favorite thing to do on Friday and Saturday nights is have a bed picnic, and we have all the things we like and we watch movies.

Is she following in your culinary footsteps?

She prefers to cook with her dad because she says I'm too intense in the kitchen! She's a really good cook.

How do you juggle motherhood and your career?

It's really hard. It can be glamorous — I went to the *Time* 100 party and sat at the best table with Angela Bassett, Aubrey Plaza, Amy Poehler and Ali Wong, who's a dear friend. But there's a lot of sacrifice. I don't have a lot of time for a personal life. As women, we are expected to be smart, pretty, in shape, great mothers, great professionals and great partners. It's not easy.

What advice would you give your younger self?

Be patient and kind to yourself. And never say no to a good opportunity. If I had said no to that cookbook, I wouldn't be where I am today.

At 52, you look amazing. What's your secret?

I feel more beautiful and more confident and more in my body than I did in my 20s or 30s. I try to eat well and sleep well, I'm very religious about facials and I work out like a beast. [But] I think being happy and being positive is the best beauty elixir there is.

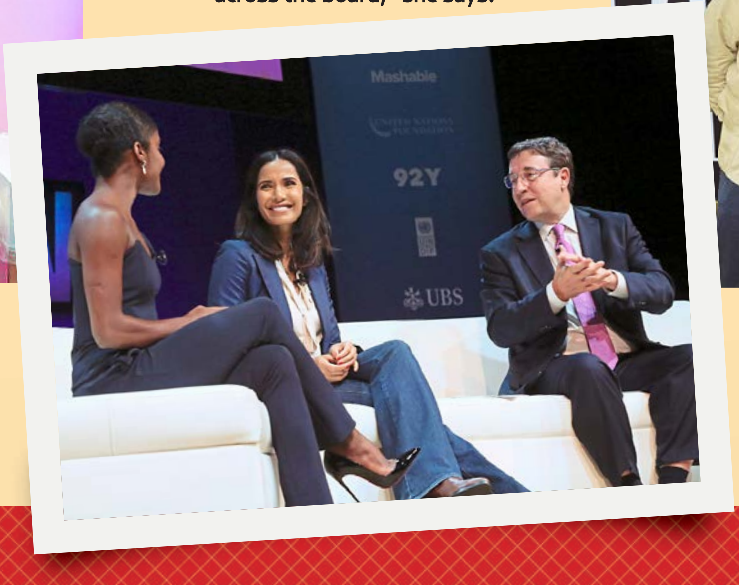
Are you open to finding love in the future?

I believe in love more than anything else. I'd love to meet somebody who's funny and likes to dance and gives me butterflies in my stomach. I've worked really hard to get where I am in my life, but I've also been very lucky in a lot of ways. So hopefully, romance will come — we'll see! **US**

CLOCKWISE FROM RIGHT: DAVID MOIR/BRAVO; JOHN NACION/NURPHOTO/SHUTTERSTOCK; STUART RAMSON/INVISION/AP; NBC; COURTESY VOGUE INDIA; PADMA LAKSHMI/INSTAGRAM

GOOD DEEDS

In addition to cofounding the Endometriosis Foundation of America, Lakshmi's worked with the American Civil Liberties Union on immigrants' rights. "We need more empathy across the board," she says.



Disney+
NATIONAL GEOGRAPHIC
DOCUMENTARY FILMS
World Central Kitchen

ROLE MODEL

"I think it's really important when [you] get to a certain level to mentor younger people," says Lakshmi (with José Andrés, Drew Barrymore and Ron Howard at the *We Feed People* premiere), who advises several women in the food business.

On April 26, actress Kaley Cuoco and boyfriend Tom Pelphrey enjoyed their first night out on the town since welcoming their daughter, Matilda, on March 30. Hitting the red carpet for the premiere of Pelphrey's new HBO Max series, *Love & Death*, the couple looked downright giddy as they held hands and posed for photographers. "It was so much fun for Kaley and Tom to get out and enjoy a date night together," says a source. "They needed it for sure!"

Baby Bliss

Parenthood looks good on lovebirds **Kaley Cuoco** and **Tom Pelphrey**

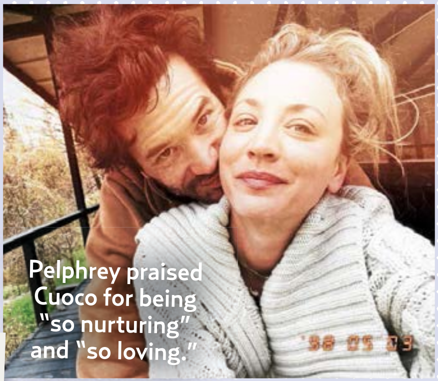
BY JAIME HARKIN

Cuoco called daughter Matilda "the new light of our lives" on Instagram.

It's a girl! The couple announced the baby news with gender-reveal photos.

Sweetest Moments

Cuoco and Pelphrey have documented their love story on social media



Pelphrey praised Cuoco for being "so nurturing" and "so loving."

"Pure joy all around," Cuoco said of their Golden Globes debut.

"Matilda is the happiest baby," shares a source.

"They have a magical connection," a source says of the duo, who celebrated their first anniversary on April 22.

The loved-up pair — who met in April 2022 — are adjusting to life as first-time parents and loving every minute of it. "Kaley and Tom have taken to parenthood beautifully. They're in heaven right now and say each day just keeps getting better," says the source of the *Big Bang Theory* alum, 37, and 40-year-old *Ozark* star. "There have been some sleepless nights, but they're handling it like pros, and it's brought them closer together in ways they never even thought possible."

MOVING FAST

Cuoco and Pelphrey's romance has been a whirlwind. The *Flight Attendant* actress was fresh off her divorce from equestrian Karl Cook (they announced their split in September 2021) when she met Pelphrey through their shared agent. "It was love at first sight," Cuoco confessed. They revealed they were expecting their first child just five months after going Instagram official. "Kaley was surprised when she got pregnant so quickly, but it didn't scare her because she knew she and Tom were the real deal," says the source. "Tom was just as thrilled."

A second source tells *Us* the couple isn't rushing to tie the knot. "They're committed to each other and their family, and that's enough for them right now," the source explains, adding that Cuoco — who was also married to tennis player Ryan Sweeting from 2013 to 2016 — is hesitant to walk down the aisle a third time. "She's said she doesn't want to, but Tom is so kind and supportive that friends think they could end up getting engaged." (The first source says the duo will likely make it official when things settle down with the baby: "It will be a big celebration of their love story.")

BUNDLE OF JOY

For now, they've got their hands full at home. "Kaley and Tom are working as a team and doting on Matilda," says the first source. "Tom's gotten very good with diaper changing, and he's always there to take the pressure off if Kaley's tired or needs to catch up with family or run errands." Adds the second source: "Kaley loves Tom even more after seeing him as a father. He gets up for late-night feedings and has lots of daddy-daughter cuddle time on the couch before she goes to bed." There's already talk of baby No. 2. "They'd love to have at least one more," spills the first source, "when the time is right."

For now, they're perfectly content. "Kaley and Tom are so in awe of this amazing little miracle they've created," shares the first source. "They're cherishing every moment of this wonderful journey they're on." US

CLOCKWISE FROM LEFT: IGISHEVA MARIA/SHUTTERSTOCK; AFF-USA/SHUTTERSTOCK; TOM PELPHREY/INSTAGRAM; IRENE FOX/SHUTTERSTOCK; KALEY CUOCO/INSTAGRAM (3); HUNTER ABRAMS/SHUTTERSTOCK; TOM PELPHREY/INSTAGRAM

With reporting by Travis Cronin

ASHLEY GRAHAM

"I always say a beach body is the one you bring to the beach," notes the 35-year-old model and mom of three, whose go-to workouts include HIIT classes, boxing and weightlifting. Graham's ultimate summer bod hacks are self-tanner ("to give my skin an even complexion," she explains) and self-love. "Just go in with confidence," Graham tells *Us*. "It makes a world of difference!"

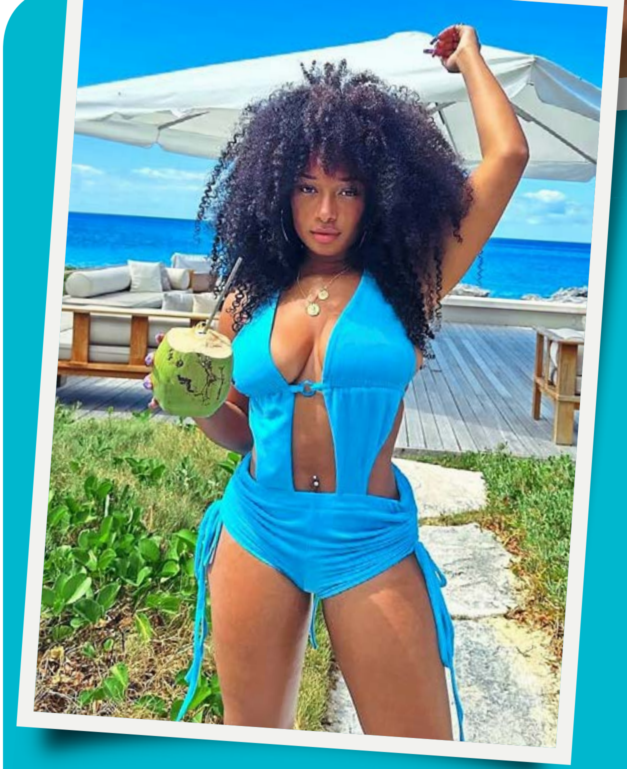
Ready for some fun in the sun? Stars weigh in on how to look and feel your best this summer

BY JAIME HARKIN

LIFE'S A BEACH

WINNIE HARLOW

Pumped up! Harlow says exercise gives her a boost to hit the beach without hang-ups. "No matter how I feel about my body, when I'm working out, I feel great," the model tells *Us*. She does yoga and Pilates in her mini home gym and loves boxing with her trainer at Dogpound. "It's so great for a full body workout and lets me get out any aggression I might have," adds Harlow, 28. "The physical and mental are so tied together for me."



MEGAN THEE STALLION

The body positivity queen's grueling tour schedule helps keep her in killer shape. "Let's see you run through 12-hour dance rehearsals, train five days a week, then perform in front of 50,000 people — squatting 50 percent of the time," she wrote on Instagram. Still, the Grammy winner, 28, insists "you always have to remember, confidence comes from within."

PRADA
MILANO

SHAY MITCHELL

Mitchell stays bikini-ready all year round, hitting the gym two to five days a week for 30-minute sessions. "My workouts are quick and put me in a great headspace," the mom of two tells *Us*. Mitchell, 36, usually combines cardio with HIIT moves or Pilates. "I never push myself too hard — that's what makes me not dread it," the *Pretty Little Liars* alum adds. Her diet is clean and simple: Breakfast is oatmeal and fruit, lunch is a "huge" salad and dinner is gluten-free pasta with fish or chicken.

CLOCKWISE FROM LEFT: SWIMSUITS FOR ALL/ MEGA; WINNIE HARLOW/TWITTER; SHAY MITCHELL/INSTAGRAM; MEGAN THEE STALLION/INSTAGRAM

With reporting by Travis Cronin & Andrea Simpson

ADDISON RAE

The TikTok star and former competitive dancer is a big believer in loving the skin you're in. "I don't have to look a certain way to be 'perfect' or to be 'healthy,'" explained the 22-year-old social media sensation, who tries her best to avoid comparing herself to others. "It's really just about my body and physically, mentally, and emotionally being as healthy as I can."

BEBE REXHA

Rexha is mindful of her daily diet — she aims to eat "very clean" and has said her "ultimate lunch" is a salad with chicken and a side of sweet potato fries — but she isn't looking to be a size zero. "I'm trying to be healthy and respect what God gave me," the 33-year-old singer, wrote on Instagram. "I'm a thick girl. That's how I was born."

OLIVIA CULPO

The model swears by the 80–20 rule. "Eighty percent of the time, I'm eating great, and 20 percent, I'll let myself indulge, usually with pizza or pancakes," shares the former Miss Universe, 30, who likes to keep a resistance band handy for squats and bicep curls. She'll start her day with egg whites and veggies and tells *Us* she always keeps raisins and dark chocolate on-set for snacks "so I can make good choices while working."

TRACEE ELLIS ROSS

Fab at 50! The impossibly-fit actress exercises three to four days a week, alternating between the Tracy Anderson Method and strength training, and sticks to mainly healthy, whole foods like grilled salmon and steak, salads and fresh fruit (potato chips are her go-to indulgence). "I eat the way I live my life — joyfully," Ross has said. "So I like to choose foods that not just feel good in my mouth but in my body."

CAMILA CABELLO

After experiencing body-shaming when bikini photos went viral in 2021, Cabello spoke out against the pressure to look perfect and revealed she's not willing to go to extremes to live up to society's standards. "You can work out a few hours a day and never eat carbs and whatever, but that's just not a balanced life," said the "Havana" songstress, 26. "That's not what I want. I can't change to fit that mold."

TIPS FROM THE PROS

Celeb trainers share their fave exercises and foolproof formulas for living well

DON BROOKS

The longtime Kardashian family trainer (a.k.a. "Don-A-Matrix") suggests resistance bands for a travel-friendly workout. "They're easy to pack, and you don't need lots of space," he tells *Us*, noting the bands let you do "full-body cardio and resistance [moves] together." He also suggests keeping a schedule for exercise: "It'll make it easier to stay consistent."

GUNNAR PETERSON

The fitness guru — who's worked with Jennifer Lopez, Rebel Wilson and Tom Brady — says simple changes to your wellness routine can go a long way. "Work out first thing in the morning, even if it means getting up earlier," Peterson tells *Us*. "Focus on eight hours of sleep every night for two straight weeks. Drink more water — then drink another glass."

HARLEY PASTERNAK

"Anytime you want to look and feel good, I recommend doing 12,000 steps a day," shares Pasternak, who helped Jessica Simpson shed 100 pounds in 2019. "Chronic movement helps burn calories without getting your appetite too ravenous." To target specific areas, "I love a pike to plank," he says, adding the swimmer extension is a fave for the glutes.

KIRK MYERS

The Dogpound founder, whose star clients include supermodels Adriana Lima, Karlie Kloss and Martha Hunt, tells *Us* a "full-body aerobic workout is perfect to get people feeling fit for summer." His go-to, all-encompassing move? The humble burpee. "It targets all the key areas — core, legs, glutes," he explains, "all while getting your heart rate up!"

CLOCKWISE FROM TOP LEFT: ADDISON RAE/TWITTER; OLIVIA CULPO/INSTAGRAM; TRACEE ELLIS ROSS/INSTAGRAM; CAMILA CABELLO/TWITTER; COLLIN XAVIER/IMAGE PRESS AGENCY; COURTESY HARLEY PASTERNAK; SHUTTERSTOCK; NBCU PHOTO BANK VIA GETTY IMAGES; BEBE REXHA/TWITTER

Get a Fresh

Crystal Greene

The NYC-based aesthetician treats A-list actresses including **Laura Harrier and Christy Turlington** at her calming oasis, Crystal Greene Studio.

HARRIER

"As the temperature rises, so does the UV index. Protect skin with an SPF of at least 30."
Le Prunier Plumscreen Broad Spectrum SPF 31, $78, *leprunier.com*

LE PRUNIER
31
PLUMSCREEN™
BROAD SPECTRUM SPF 31 · PA+++
UVA / UVB / HEV PROTECTION
60mL / 2 fl.oz.
Boum-Boum Milk
(3-in-1 cream spray)
VIOLETTE_FR

"Exfoliate once a week with a serum containing mandelic acid — it's less irritating."
Sofie Pavitt Mandelic Clearing Serum, $54, *sofiepavittface.com*

SOFIE PAVITT FACE
MANDELIC CLEARING SERUM
1 fl. oz. (30 ml)

"A hydrating toner that has humectant properties helps nourish dehydrated skin."
Violette_FR Boum-Boum Milk, $64, *violettefr.com*

VINTNER'S DAUGHTER
ACTIVE RENEWAL CLEANSER

"Wash your face with an emollient milky cleanser to avoid stripping natural oils."
Vintner's Daughter Active Renewal Cleanser, $98, *vintnersdaughter.com*

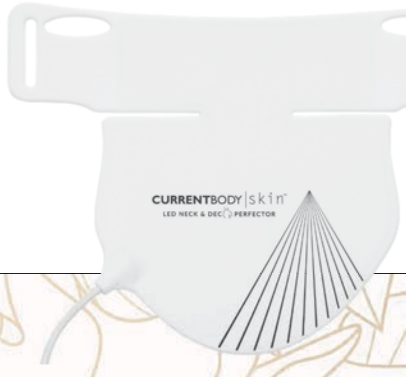
TURLINGTON

HOLMES

"Slough away dull cells with a gentle formula that combines alpha hydroxy acids with enzymes."
Sachi Skin Complexion Clarifying Accelerator, $69, *sachiskin.com*

COMPLEXION CLARIFYING ACCELERATOR
12.5% Dioic and Mandelic Complex
Organic Neem, Centella Asiatica
& Manuka Honey UMF20+
SACHI
STATES OF SKIN

"Red LED light reduces inflammation and jump-starts collagen, softening lines on the chest."
CurrentBody Skin LED Neck and Dec Perfector, $339, *currentbody.com*


CURRENTBODY | skin
LED NECK & DEC PERFECTOR

GLOW

Celebrity facialists tell *Us* how to transition your skincare for spring

Elizabeth Grace Hand

Luminaries like Katie Holmes and Natalia Bryant hit the skin pro's Ställe Studios in NYC's Soho for her signature high-tech complexion care.

"A body serum with growth factors boosts elasticity to reduce crepiness above the knees."

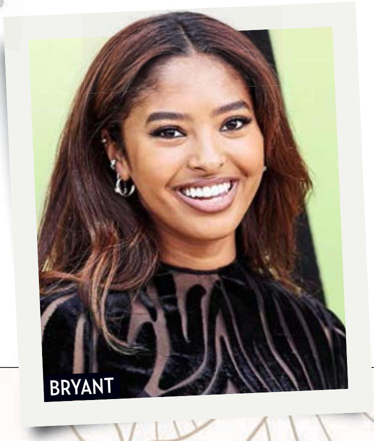
BioEffect EGF Body Serum, $95, *bioeffect.com*

BIOEFFECT
EGF BODY SERUM
SÉRUM EGF CORPS
Age-Defying Body Serum
Sérum anti-âge pour le corps

"Switch to a lighter moisturizer that's still hydrating but won't feel heavy on the skin."

Retrouvé Dynamic Nourishing Face Cream, $255, *retrouve.com*

RETROUVÉ
ART.SCIENCE.BEAUTY
R
DYNAMIC NOURISHING FACE CREAM
CRÈME DYNAMIQUE NOURRISSANTE VISAGE



MORE PERFECT PRODUCTS

Nécessaire
The Body Retinol
Le Rétinol Corps
0.1% RETINOL
150 ml / 5.1 fl oz

Fade dark spots and rough texture from neck to toes via Nécessaire The Body Retinol Overnight Repair Treatment. $55, *sephora.com*

Kiehl's
SINCE 1851
ULTRA PURE
HIGH-POTENCY SERUM
5.0% NIACINAMIDE
Formulated with only 10 Ingredients
OIL-MINIMIZING
1.0 fl. oz. - 30 ml

Acne prone? Kiehl's Ultra Pure High-Potency Serum 5.0% Niacinamide diminishes redness while neutralizing oil production. $35, *sephora.com*

SHANI DARDEN
HYDRATION PEPTIDE CREAM
Moisturize, Plump, Replenish
CRÈME HYDRATANTE AUX PEPTIDES
Hydrater, Repulper, Ressourcer
2.5 US fl oz | 75ml

Whisper-light yet deeply hydrating, Shani Darden Hydration Peptide Cream won't clog pores. $58, *sephora.com*

CLARK'S
BOTANICALS
7-ACID DAILY GLOW PEEL
25% AHA + 2% BHA + 3% PHA
HYALURONIC ACID
EXFOLIATING + REGENERATING BLEND
7-ACIDE PEEL ÉCLAT

Slough stuff without a hint of irritation or dryness thanks to Clark's Botanicals 7-Acid Daily Glow Peel. $80, *clarksbotanicals.com*

L'ORÉAL PARIS
REVITALIFT
DERM-GRADE 12% VITAMIN C + E + SALICYLIC
GRADE DERMO 12% VITAMINE C + E + SALICYLIQUE

An antioxidant power blend in L'Oréal Paris Revitalift Derm-Grade 12% Vitamin C + E + Salicylic Serum brightens skin. $26, *target.com*

Your Favorite Ex
Exfoliating Pads
Rondelles exfoliantes
YSE BEAUTY
45 Pads/Rondelles

YSE Your Favorite Ex Exfoliating Pads contain the perfect dose of an AHA, PHA and Ectoin cocktail to boost luminosity. $72, *ysebeauty.com*

CLOCKWISE FROM TOP LEFT: IMAGE PRESS AGENCY/NURPHOTO/SHUTTERSTOCK; MATT BARON/BEI/SHUTTERSTOCK; IMAGE PRESS AGENCY/NURPHOTO/SHUTTERSTOCK; MATT BARON/SHUTTERSTOCK

By **Gwen Flamberg**

TV · MOVIES · MUSIC · AND MORE!

US MUSTS

"We shot in Vietnam, which was incredible," Cook shares. "It was one of those shoots that will bond the cast and crew for life."

Trip Of A Lifetime

Rachael Leigh Cook talks to *Us* about her new film, *A Tourist's Guide to Love*

In *A Tourist's Guide to Love* (streaming now on Netflix), **Rachael Leigh Cook**'s Amanda copes with a breakup by heading to Vietnam, where sparks fly with her tour guide, Sinh (**Scott Ly**). Here, the *She's All That* star dishes on the rom-com with *Us*.

Q: How did you relate to your character, Amanda?

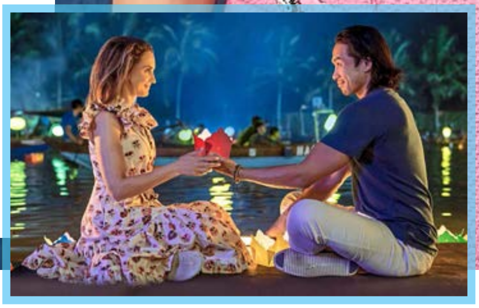
I related to her unconscious desire for change, her stifled thirst for adventure and her ambitions for her career. I think we can all relate to that and wish we had 36 hours in a day sometimes.

Q: How was it working with Scott? Do you have any tricks for good costar chemistry?

The only trick to good chemistry is to cast the right person. You can't repair it in post or rehearse it. It has to be the right person at the right time, and the right person for us is absolutely Scott. I'm so excited for the world to meet him. He's so charismatic and special. I can't say enough good things about who he is as an actor and a human.

Q: You were also a producer on this film. How did that change your perspective as an actress?

I like being a producer because I'm nosy. I like to know what's going on, where the money's spent and who the candidates are for the department heads. I spent so long as an actor who's ushered through the door as soon as cameras are about to roll. I love being there for day zero of the whole process.



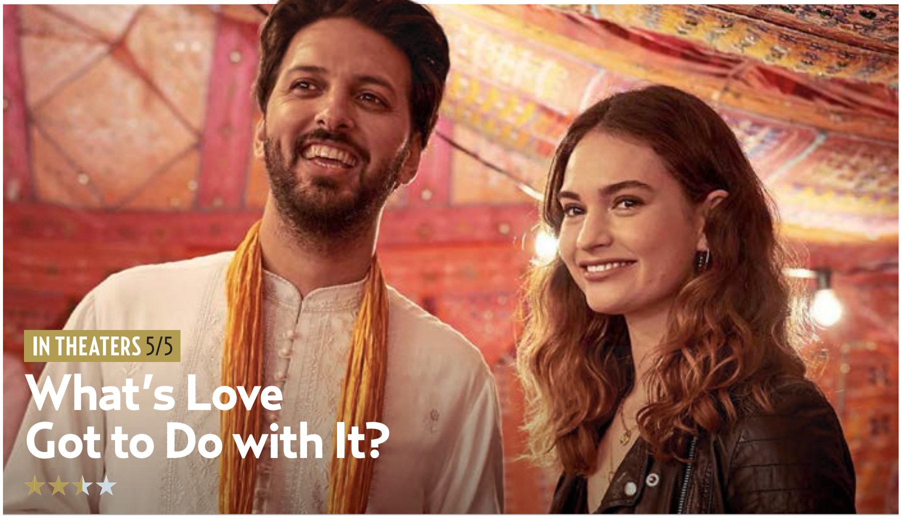
PARADISE LOST

Josh Bonzie chats with *Us* about Hulu's gripping murder mystery series, *Saint X*

Based on **Alexis Schaitkin**'s 2020 novel, Saint X (streaming now on Hulu) follows the aftermath of Alison Thomas' (**West Duchovny**) unsolved death during a family vacation in the Caribbean. To find out more about the time-hopping drama, read on.

COMPLEX CHARACTER **Josh Bonzie**'s down-on-his-luck Clive "Gogo" Richardson — a resort worker and suspect in the woman's demise — is deeply misunderstood. "This is someone who's gone through an insane amount of trauma," Bonzie says. "He's shut down and closed himself off." Things change when Gogo unknowingly befriends Alison's sister, Emily (**Alycia Debnam-Carey**), as she seeks answers years later. "Alicia's a dream scene partner," the actor adds.

SHOCK VALUE Saint X features twists and turns that Bonzie hopes viewers appreciate. "You can only hope they're down for the ride," he says. "I hope they enjoy it and have a good time."



IN THEATERS 5/5

What's Love Got to Do with It?

★★½☆

The answer to the titular question is a lot, especially if you love to watch *Pretty Woman* and *The Holiday* on repeat. This effort has its heart in the right place, though it's too unmemorable to be viewed in perpetuity. Londoner Zoe (**Lily James**) is a lovelorn documentary filmmaker shocked to learn that her handsome and charming best friend, Kaz (**Shazad Latif**), has agreed to let his Pakistani parents find him a bride. Zoe decides to chronicle his journey with her camera — the clever working title: *Love, Contractually* — and wises up to all the nuanced layers behind assisted marriages. She also realizes her true romantic feelings for him. The film works better as a sharply observed culture clash than sparkling rom-com. In fact, it's so derivative that *When Harry Met Sally* is referenced and various longtime couples tell their stories to the camera in interstitials just like that classic. A fresher take would've helped, actually. **MARA REINSTEIN**

ON THIS WEEK

FRIDAY 5/5

TASTE THE NATION WITH PADMA LAKSHMI

In season 2, **Padma Lakshmi** leaves no stone unturned as she travels the country from New England to San Francisco to examine the communities responsible for creating modern-day American culinary staples. (Hulu)

SUNDAY 5/7

2023 MTV MOVIE & TV AWARDS

Drew Barrymore serves as the host of the fan-voted event — live from the Barker Hangar in Santa Monica — where *White Lotus'* **Jennifer Coolidge** will be honored with the Comedic Genius Award. (MTV, 8 P.M.)

SUNDAY 5/7

SUMMER HOUSE: MARTHA'S VINEYARD

The reality spinoff follows **Jasmine** and **Silas Cooper** as the newlyweds invite their pals along for an unforgettable getaway. But it isn't long until drama comes knocking, too. (Bravo, 9 P.M.)

WEDNESDAY 5/10

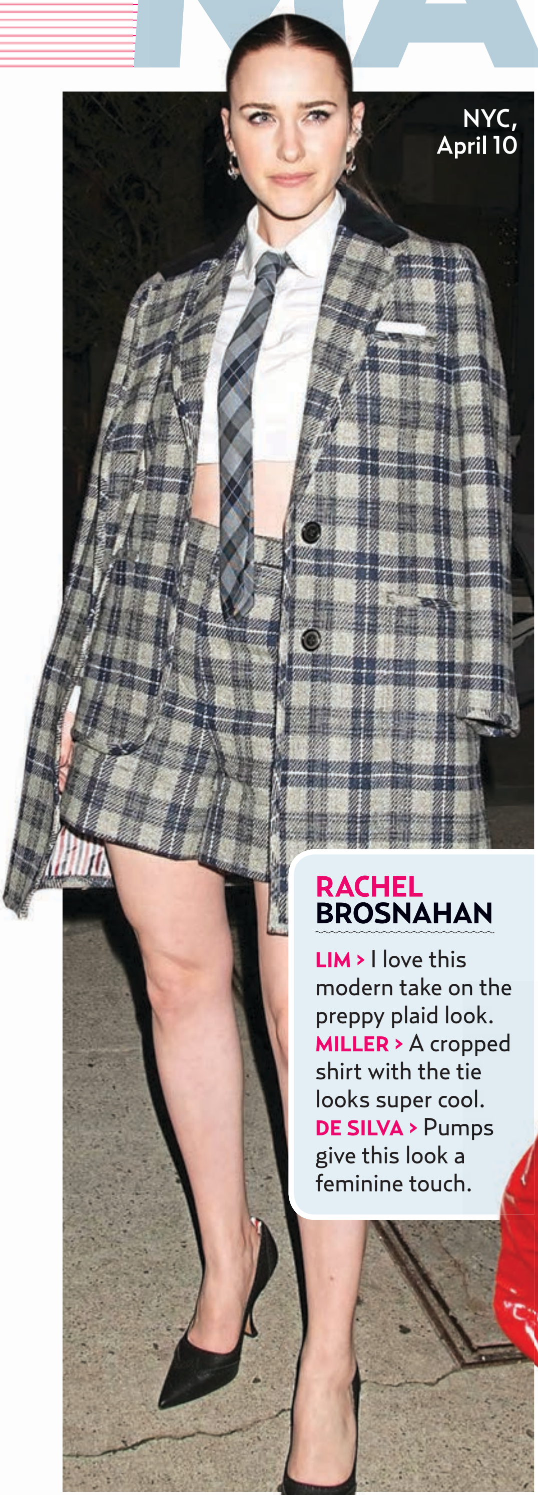
CLASS OF '09

The thriller series — told through multiple timelines — stars **Brian Tyree Henry** as Tayo and **Kate Mara** as Poet, two FBI agents forced to navigate new threats presented by artificial intelligence. (FX on Hulu)

CLOCKWISE FROM TOP LEFT: FRANK MICELOTTA/PICTUREGROUP; PALOMA ALEGRIA/HULU; COURTESY HULU; CBS MEDIA VENTURES; STEPHANIE DIANAI/BRAVO VIA GETTY; COURTESY FX NETWORK; ROBERT VIGLASKY; SASIDIS SASISAKULPORN/NETFLIX

By **Leanne Aciz Stanton** / With reporting by Mandie DeCamp

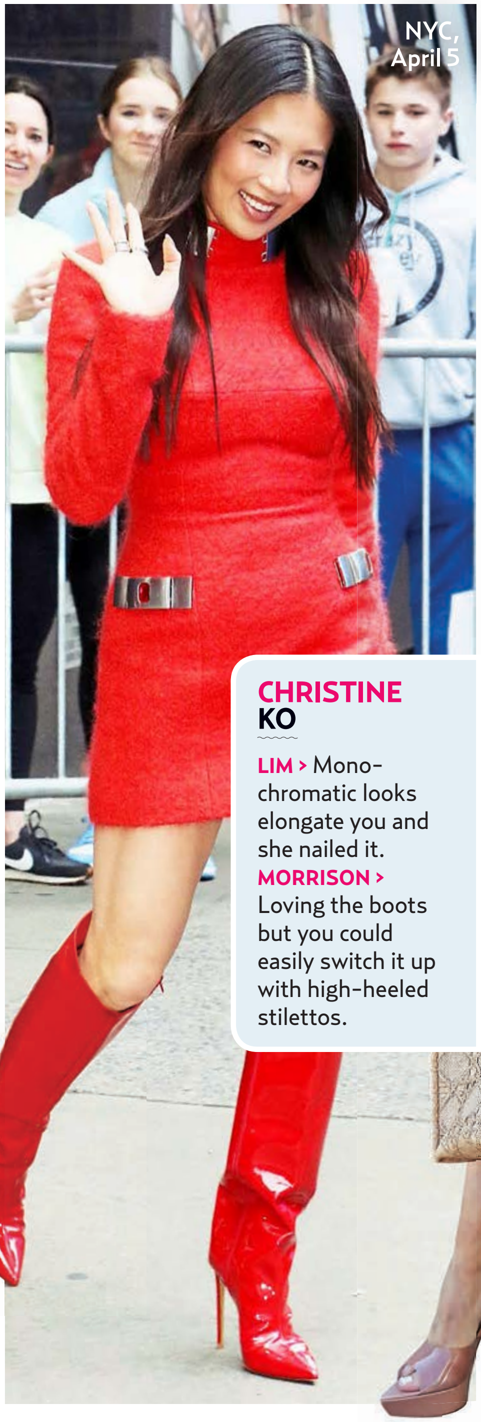
MADE Us LO



NYC,
April 10

RACHEL BROSNAHAN

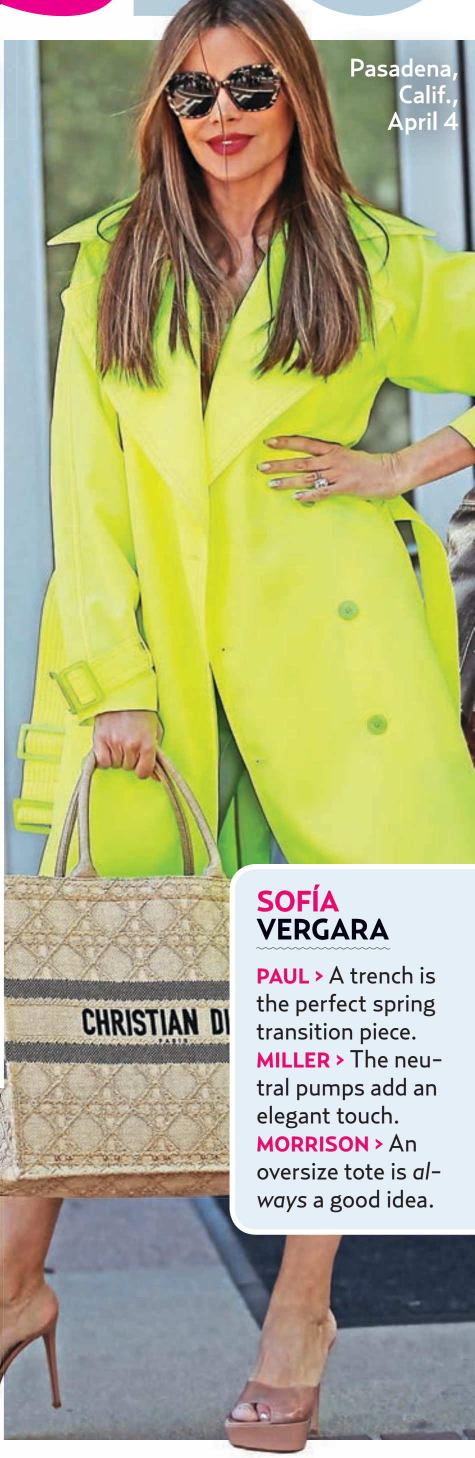
LIM > I love this modern take on the preppy plaid look. **MILLER >** A cropped shirt with the tie looks super cool. **DE SILVA >** Pumps give this look a feminine touch.



NYC,
April 5

CHRISTINE KO

LIM > Monochromatic looks elongate you and she nailed it. **MORRISON >** Loving the boots but you could easily switch it up with high-heeled stilettos.



Pasadena,
Calif.,
April 4

SOFÍA VERGARA

PAUL > A trench is the perfect spring transition piece. **MILLER >** The neutral pumps add an elegant touch. **MORRISON >** An oversize tote is *always* a good idea.

STYLE PROS

CHRISELLE LIM
Style Mega-Influencer

GAELLE PAUL
Celebrity Stylist

NICOLE MILLER
Fashion Designer

SAI DE SILVA
Fashion Blogger

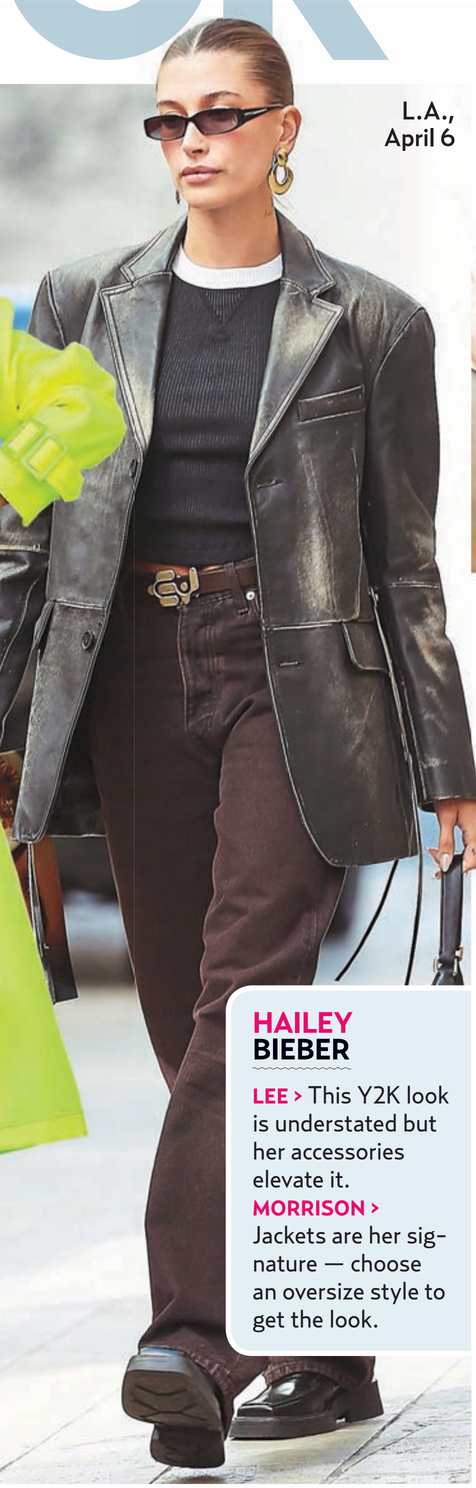
SASHA CHARNIN MORRISON
Author of *Secrets of Stylists*

JENNI LEE
Fashion Stylist

FROM LEFT: JANET MAYER/STARTRAKS; RW/MEDIAPUNCH/SHUTTERSTOCK; THECELEBRITYFINDER/MEGA; BROADIMAGE/SHUTTERSTOCK; JOSE PEREZ/BAUERGRIFFIN/MEGA; ROGER WONG/INSTAR

OK

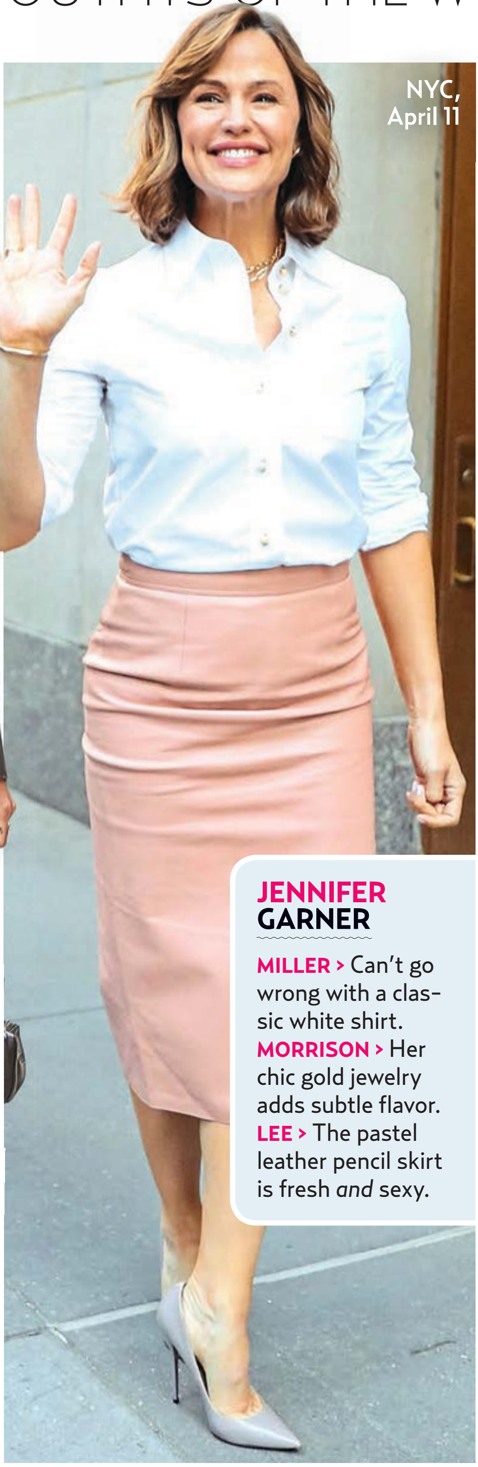
FASHION INSIDERS SOUND OFF ON THE MOST EYE-CATCHING OUTFITS OF THE WEEK



L.A., April 6

HAILEY BIEBER

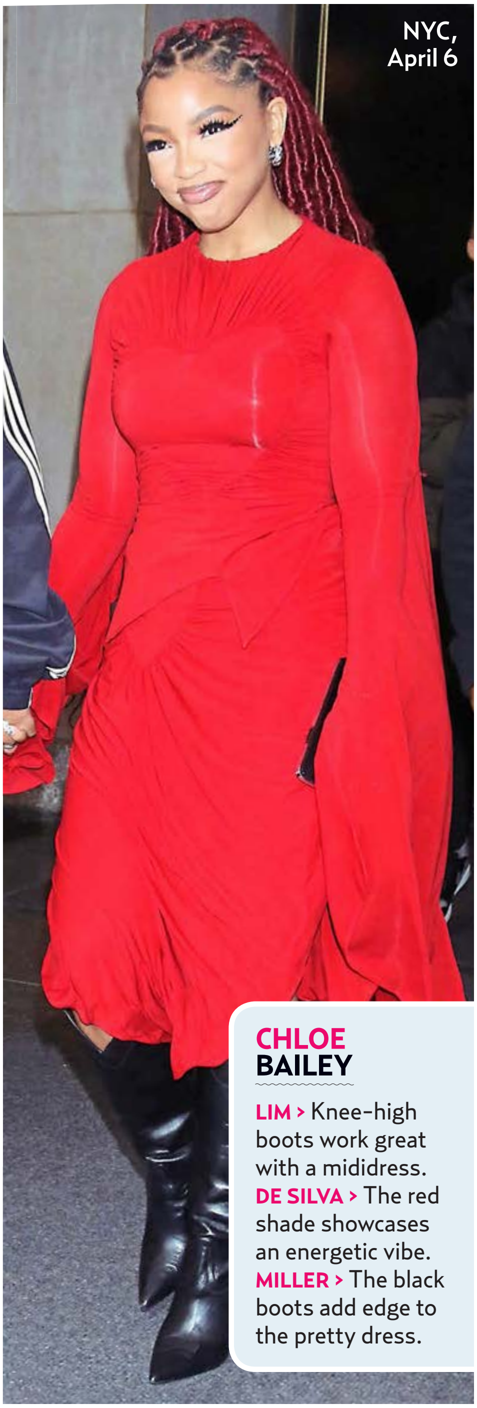
LEE > This Y2K look is understated but her accessories elevate it.
MORRISON > Jackets are her signature — choose an oversize style to get the look.



NYC, April 11

JENNIFER GARNER

MILLER > Can't go wrong with a classic white shirt.
MORRISON > Her chic gold jewelry adds subtle flavor.
LEE > The pastel leather pencil skirt is fresh *and* sexy.



NYC, April 6

CHLOE BAILEY

LIM > Knee-high boots work great with a mididress.
DE SILVA > The red shade showcases an energetic vibe.
MILLER > The black boots add edge to the pretty dress.

Us Weekly (ISSN 1529-7497) Vol 47 No.20 is published weekly by a360 Media, LLC, 270 Sylvan Avenue, Suite 2220, Englewood Cliffs, NJ 07632. Double issues may be published, which count as two issues. Periodical Rates postage paid at New York, NY and at additional mailing offices. Copyright @ a360 Media, LLC. 2023. All Rights Reserved. Canada Post International Publications Mail Sale Agreement No. 40940528. Canadian B.N. 821377918RT0001. Reproductions without permission is strictly prohibited. Us Weekly ®, is a registered trademark owned by a360 Media, LLC **U. S. POSTMASTER** Send all UAA to CFS (See DMM 507.1.5.2); NON-POSTAL and MILITARY FACILITIES Send address changes to Us Weekly, P.O. Box 37207, Boone, IA 50037-0207. **CANADA POSTMASTER** Send address changes to Us Weekly, PO Box 907 STN Main, Markham, ON L3P 0A7, Canada. Subscription rates: U.S. & Poss.: $ 125.00/yr. (52 issues), $150.00/yr. in Canada, Outside US & Canada $175/Yr. Payment in advance, U.S. funds only. Mail subscription orders and correspondences to: Us Weekly, P.O. Box 37207, Boone, IA 50037-0207 or **call toll-free (800) 283-3956**. Enclose your latest address label with all correspondence. **SUBSCRIBERS** If the postal service alerts us that your magazine is undeliverable, we have no further obligation unless we receive a corrected address within one year. From time to time we make our subscriber list available to companies who sell goods and services by mail that we believe would interest our readers. If you would rather not receive such mailings, please send your current mailing label to the address above. **Printed in the U.S.A**

➜ SEE MORE GREAT CELEB LOOKS AT **USMAGAZINE.COM /STYLISH!**

25 THINGS YOU DON'T KNOW ABOUT ME

BY Roselyn Sánchez

The actress and podcast host sounds off with some fun tidbits for *Us*!

Gringa is in theaters and on demand now.

1. My favorite guilty-pleasure TV show is *Love Is Blind.*

2. My secret talent is that I can move my nose like Samantha in *Bewitched.*

3. My first car was a White Pontiac Sunfire.

4. **Eva Longoria** is the most famous person in my phone book.

5. My favorite items in my wardrobe are all of my maxi "comfy" Rachel Pally dresses.

6. My favorite room in my house is the living room.

7. My ideal comfort food is Cheetos.

8. On Saturday nights, you'll find me at home with my husband [**Eric Winter**] and kids after attending my daughter's tennis tournaments.

9. On Sunday afternoons, you'll find me at home with the family or at an early dinner with them at Kiwami, Mantee or Black Market in Studio City.

10. I don't like cooking, but salmon and mashed potatoes is my favorite meal to make.

11. I'd like to go to Japan. There's something about their aesthetics and how incredibly advanced they seem.

12. My alternate profession would be a figure skater.

13. *In the Meantime* is my favorite book.

14. My celebrity crush was **Jean-Claude Van Damme**.

15. The song that brings back the best memories is "Stuck on You" by **Lionel Richie**.

16. My go-to karaoke song is "I Will Survive."

17. Meeting **Barack Obama** in Washington was my most starstruck moment.

18. I decompress after a long day by reading a good book.

19. My most embarrassing on-set moment was telling an actor how excited I was to meet him and how much I loved his work, and the person looking at me like I was a weirdo in front of everybody.

20. One beauty product I can't live without is Ráya Mint Soufflé.

21. The proudest moment from my career was writing, producing, starring and directing my short film, *Satos*.

22. My favorite movie is *An Officer and a Gentleman.*

23. **Al Pacino** is my dream costar. Since I started acting, [working with him] has been one of my goals.

24. The actresses I looked up to the most while growing up were **Meryl Streep** and **Helen Hunt**. It's always been about Meryl, and I was obsessed with Helen's acting on *Mad About You*.

25. One place everyone should visit in Puerto Rico is Old San Juan.

CLOCKWISE FROM TOP: AARON ORTEGA/NETFLIX; BONNIE CASH/UPI/SHUTTERSTOCK; PARAMOUNT/KOBAL/SHUTTERSTOCK; SUGARLESS/SHUTTERSTOCK; MEDIAPUNCH/SHUTTERSTOCK; KEITH HOMAN/SHUTTERSTOCK

THEY LOOK FEROCIOUS, BUT INSIDE THEY'RE JUST CHICKEN RAISED WITH

NO ANTIBIOTICS

Ever.

More to *Love* Tyson®

Tyson
100% ALL NATURAL INGREDIENTS
FUN NUGGETS
NO ANTIBIOTICS EVER!
WHITE MEAT CHICKEN

Look for NO ANTIBIOTICS EVER! on pack

®/©2022 Tyson Foods, Inc.

Martha Stewart

INTRODUCING

No Bending Over.
No Touching Shoes.
No Kidding.

SKECHERS
HANDS FREE
Slip-ins®

JUST STEP IN AND GO™.

Introducing new Skechers Hands Free Slip-ins®. Putting on your shoes has never been easier. No bending over. No pulling them on. No hassles.

Exclusive Heel Pillow™ holds your foot securely in place!

NO MORE BENDING

NEVER HAVE TO TOUCH YOUR SHOES AGAIN™

ALSO MACHINE WASHABLE

skechers.com